

2012 American Red Cross State of Ohio Lifeguard Competition

**7th Place CRC Pleasant Ridge Pool
13th Place CRC Dunham/P.Ridge/SGV Combined Pools**

American Red Cross State of Ohio Lifeguard Competition

**2011 - 8th Place CRC West Lifeguards on Duty
2010 - 5th Place Tie CRC Dunham Otto Armleder/Ryan Pools
2009 - 7th Place CRC Dunham Otto Armleder
2008 - 8th Place CRC Pleasant Ridge Pool
2007 - 2nd Place CRC Oakley Pool
2006 - Qualified 10 teams for state
2005 - Qualified 6 teams for state
2004 - 10th Place CRC Krueck Pool
2003 - 4th Place CRC Madisonville Pool
2002 - 1st Place CRC Krueck Pool
2001 - 1st Place CRC Krueck Pool**



Cincinnati Recreation Commission

Aquatic Division Program Book 2013

KIDS LOOK UP TO YOU

Be Fit, Swim Learn to be a Leader

Job Advancement

Work Outside

Increase Communication Skills



EARN MONEY

GAIN RESPECT

Make new friends-memories last a lifetime

Summer Job Security

Learn Lifesaving Skills

Work The
WATER



BE A CRC LIFEGUARD!

MAKE A DIFFERENCE IN CHILDREN'S LIVES

EARN MONEY Learn to be a Leader

Increase Communication Skills *Work Outside*

Be in Charge **Summer Job Security** *Be Fit, Swim*

GAIN RESPECT *Connect with the Community*

Team Building Learn to be a Leader

Learn Lifesaving Skills **Be in Charge** *Role Model*

Increase Communication Skills **Be Fit, Swim**

Discover the Benefits...

www.cincyrec.org

Cincinnati Recreation Commission

AQUATIC DIVISION

PROGRAM BROCHURE 2013

Cincinnati Recreation Commission Vision:

The Cincinnati Recreation Commission will excel in the delivery of recreational services to the people of Cincinnati.

Aquatic Division Mission:

The Cincinnati Recreation Commission Aquatic Division will provide fun, safe, quality aquatic-related programming and recreational activities for the residents and visitors of Cincinnati. CRC's 26 pools and 6 stand alone spraygrounds throughout Cincinnati will provide customer friendly environments with affordable and diverse activities which meet the needs of the community's citizens.

Core Values:

Safe, fun, quality programs in clean, friendly facilities.

History / Information:

CRC has taken numerous service reductions since 2001. We have closed 26 pools in the last 12 years. Our aquatics plan continues to upgrade our remaining facilities. To support our Aquatics Division facilities and programs, mail a tax-deductible donation to:

Cincinnati Recreation Foundation - Aquatics
805 Central Ave., Suite 800
Cincinnati, OH 45202

Thank you!

- In 2013 we open newly renovated McKie, Mt. Auburn and Pleasant Ridge Pools.
- In 2012 we opened Caldwell and North Fairmount Spraygrounds.
- In 2011 we opened College Hill Sprayground.
- In 2010 we opened Evanston Pool.
- In 2009 we opened Oyler and South Fairmount Spraygrounds.
- In 2008 we opened Otto Armleder Memorial Aquatic Center at Dunham and Otto Armleder Memorial Family Aquatic Center at Hirsch.
- This season we hired 300 staff that help us "Work the Water Better."
- CRC lifeguards as a group made 240 preventative rescues last season.
- Our annual city-wide swim meet hosts 375 swimmers.

(513) 357-POOL (7665)

www.cincyrec.org

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****All schedules & information is subject to change.****

Cincinnati Recreation Commission

2013 Pool Membership Rates

In 2013, All-CRC (City-Wide) Pools memberships are available for sale preseason online at www.cincyrec.org or preseason at Mt. Auburn Indoor Pool. Once pools open, pool memberships are only available at pools. Enjoy programs at all CRC pools for the entire calendar year with your All-CRC (City-Wide) Pools membership. Regardless of the point of purchase, all pool memberships are valid for admittance for the calendar year to all CRC pools (Except Dunham - Otto Armleder Pool). Pool memberships (annual or daily user) are required for all patrons entering the facility, including infants and adults who are supervising children. A membership registration information card is required even if you are visiting for one day.

Cool off and beat the heat at one of CRC's six (6) FREE stand alone aquatic spraygrounds. Caldwell Sprayground, College Hill Sprayground, North Fairmount Sprayground, Dyer Sprayground, Oyler Sprayground and South Fairmount Sprayground are available at no charge and will not require memberships. Spraygrounds are open 7 days a week from 10:00 am to 10:00 pm. Two spraygrounds attached to pools, McKie and Pleasant Ridge spraygrounds are available at no charge 10:00 am to 10:00 pm outside of pool hours.

CRC pool memberships have several options:

All-CRC (City-Wide) Pools Memberships

Available for sale online and at Mt. Auburn indoor pool preseason until May 25th and at all pools beginning Monday, June 3rd.

Memberships available at McKie and Pleasant Ridge beginning May 25th.

Includes ALL Pools *(except Dunham Otto Armleder)

(10-12 week summer operation)

Juniors (Youth/Teen -17 & younger)	All-CRC (City-Wide) Pools	\$20.00
Adults (ages 18-49)	All-CRC (City-Wide) Pools	\$35.00
Seniors (ages 50 & older)	All-CRC (City-Wide) Pools	\$20.00
Family Membership (3 to 6 immediate family members residing in the same household)		\$75.00
Each additional immediate family member residing in the same household (over 6 members)		\$10.00

Daily User Member Fee at all pools (except Dunham Otto Armleder)

Juniors (age 17 & younger)	\$1.00
Adult and Seniors (age 18 & older)	\$2.00

Dunham Otto Armleder Memorial Regional Aquatic Center (12 week summer operation)

Membership cards purchased at Dunham Otto Armleder are valid at all CRC pools.

Individual Membership All Ages	\$60.00
Family Membership (3 to 6 immediate family members residing in the same household)	\$150.00
Each additional immediate family member residing in the same household (over 6 members)	\$20.00
Daily User Fee: Youth (6 & younger)	\$2.00
Daily User Fee: Youth (7 & older), Teen, Adult, & Senior	\$5.00
Replacement All-CRC (City-Wide) Pools and Dunham Otto Armleder membership card (Available at pools)	\$5.00

The City of Cincinnati and CRC are dedicated to providing equal employment without regard to race, gender, age, color, religion, disability status, marital status, sexual orientation, or transgendered status, or ethnic, national or Appalachian origin, or on the basis of any other category protected under federal, state and local laws. The City of Cincinnati and CRC are committed to supporting the Americans with Disabilities Act. Please call if you require any special accommodations.

Cincinnati Recreation Commission

Aquatic Division Group Policy

Enjoy outdoor fun at the pool with your group of children or adults at the Cincinnati Recreation Commission's 26 pools. In addition to our CRC day camp groups, numerous child care providers and church groups use our pools to beat the summer heat. Groups have two options:

1) Schedule times at a pool during open swim hours. Up to 1/2 of our pool capacity may be reserved for groups. Pools do sometimes reach capacity. There are no guarantees. Admittance is on a first-come, first-serve basis. Some pools are busier than others, so if you are driving to a site, contact us for suggestions.

2) Guarantee a private swim time for your group by renting the pool. (see Facility Rentals section) We suggest this option for large groups. Pool rentals are also ideal for birthday parties, community picnics or family reunions.

Try out our Dunham Otto Armleder Memorial Aquatic Center. It's open 12 weeks, 12:30pm-8pm Mon.-Sat. and 12:30pm-6:30pm Sun. Buy a Dunham Otto Armleder membership valid at all CRC pools or opt for daily user fees for your group.

Our All-CRC (City-Wide) Pools memberships make it convenient to try out different pools. All-CRC (City-Wide) Pools memberships are valid at all CRC pools, except for Otto Armleder Dunham, for the entire year, including our indoor Mt. Auburn pool. Adults supervising children must have pool memberships.

Registration:

To avoid lines at pool gates, groups may pick up pool membership registration information cards in advance, pre-season, from the aquatic office, 357-POOL(7665) or from the pool during the season. Each participant, including leaders, must have a completed, signed pool registration information card in order to purchase a pool membership. Information cards for youth, ages 17 and younger, require a parent or guardian signature. An All-CRC (City-Wide) Pools membership may not be used by more than one person.

Payment:

Checks made payable to the Cincinnati Recreation Commission or cash may be taken along with your group's pool membership registration information cards to the pool where you choose to purchase your memberships. Staff will issue your All-CRC (City-Wide) Pools membership. Membership sales are not available at our downtown office. Memberships may be purchased preseason online at www.cincyrec.org.

Pool Visits:

If your group will be visiting a pool other than the one where your pool memberships are on file, simply bring a copy of your group roster to the other pool rather than completing new membership information cards. Rosters need to include the following: membership number, original purchase site, child's name, address, phone number, emergency contact name and phone number, and date of birth. The pool gate staff can contact your primary pool for verification of membership information cards.

Each person must show their All-CRC (City-Wide) Pools membership for admittance each time they visit any CRC pool. If you wish, your membership can be kept on file at a pool.

Realize each pool has a capacity. To try to avoid being turned away, call the pool and speak with the manager at least one day in advance to prearrange time for your group. Groups are scheduled on a first come, first serve basis. The exceptions to this are the six stand alone spraygrounds, which are free. Groups attend spraygrounds daily on a first come, first serve basis and times are not reserved.

Pool Rules: (See the pool rules section page 26-31)

All group participants are to follow the Cincinnati Recreation Commission's Pool Rules and Policies while enjoying CRC pools. Please review CRC pool rules with your group before visiting the pool. **Group leaders are responsible for and expected to actively supervise their participants while visiting the pool. CRC lifeguards are not babysitters.** Thank you for your cooperation.

Facility Rentals: (See page 17 for details)

Is your group looking for a fun facility for your summer family reunion or birthday party? Perhaps you're celebrating a special event like graduation or just want to have a different kind of party in the winter. Rent a CRC pool for your next event.

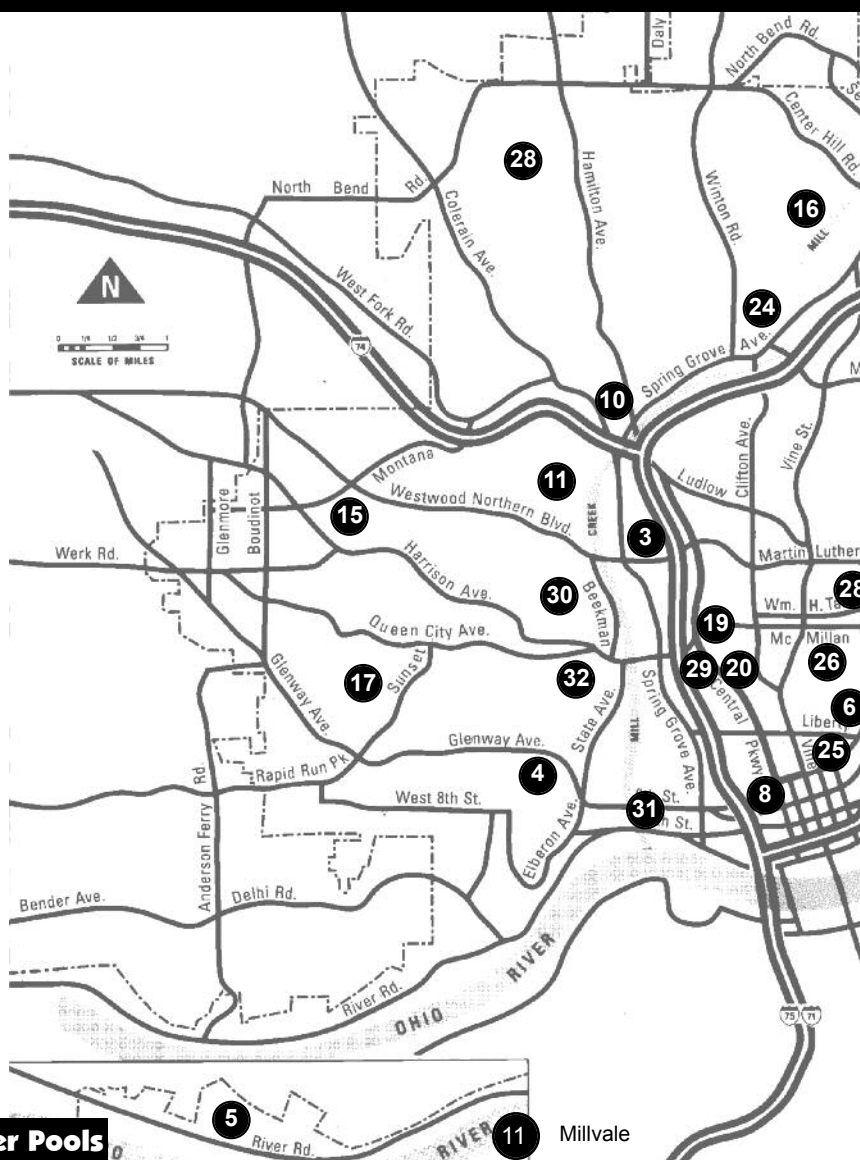
Swim Lessons ~ "I CAN SWIM!" Project: (See page 18-21)

You can't beat this deal. CRC is offering 4 week sessions of swim lessons for \$20.00 per child/per session. Each session consists of 6-8 scheduled 45 minute group classes. Save a life; help your children learn a lifetime safety and fitness skill. Session 1 runs June 10 through July 6. Session 2 runs July 8 through August 3. Schedules may vary at Dunham-Otto Armleder Pool. Register at the pool of your choice.






Free Lunch: (See page 12)

The Cincinnati Public Schools will be operating a free lunch program at many CRC pools and community centers. Those 18 and under can take advantage of this program by checking in 15 minutes before lunch is served. At some pools, children may be cleared from the water during lunch programs. Groups may choose to continue swimming if not eating free lunch.

2013 Cincinnati Recreation Commission Aquatic Facilities








Deep Water Pools


- | | | |
|-------------------|---|---|
| 1 Bond Hill | 6 Filson | 11 Millvale |
| 2 Bush | 7 Hartwell | 12 Mt. Washington  |
| 3 Camp Washington | 8 Lincoln  | 13 Oakley |
| 4 Dempsey | 9 Madisonville | 14 Pleasant Ridge  |
| 5 Dickman | 10 McKie  | 15 Ryan |
| | | 16 Winton Hills  |











Shallow Water Pools

- 17 Dunham-Otto Armleder 
- 18 Evanston 
- 19 Fairview
- 20 Hanna-Otto Armleder 
- 21 Hirsch-Otto Armleder 
- 22 LeBlond
- 23 Mt. Adams
- 24 Spring Grove Village 
- 25 Ziegler

Indoor Pool

- 26 Mt. Auburn 

Spraygrounds

- 27 Caldwell 
- 28 College Hill 
- 29 Dyer 
- 10 McKie 
- 30 North Fairmount 
- 31 Oyler 
- 14 Pleasant Ridge 
- 32 South Fairmount 

Pool Listings/Opening & Closing Dates

POOL NAME	TYPE	ADDRESS	ZIP	PHONE	NEIGHBORHOOD	OPENING DATE	CLOSING DATE
Bond Hill	deep	1580 Yarmouth Avenue	45237	242-6897	Bond Hill	6/03/13	8/10/13
Bush	deep	2640 Kemper Lane	45206	751-5085	Walnut Hills	6/03/13	8/10/13
Camp Washington	deep	1201 Stock Street	45225	681-1241	Camp Washington	6/03/13	8/10/13
Dempsey	deep	956 Purcell Avenue	45233	921-6338	Price Hill	6/03/13	8/10/13
Dickman	deep	6720 Home City Avenue	45233	941-6270	Sayler Park	6/03/13	8/17/13
Dunham-Otto Armleder	shallow	4356 Dunham Lane	45238	251-0150	Price Hill	5/25/13	8/18/13
Evanston	shallow	3204 Woodburn Avenue	45207	221-5150	Evanston	6/03/13	8/17/13
Fairview	shallow	2219 Ravine Street	45219	421-4576	Clifton Heights	6/03/13	8/10/13
Filson	deep	461 Ringgold Street	45210	721-1209	Mt. Auburn	6/03/13	8/10/13
Hanna-Otto Armleder	shallow	226 Stark Street	45214	721-7521	Over The Rhine	6/03/13	8/10/13
Hartwell	deep	8275 Vine Street	45216	821-2153	Hartwell	6/03/13	8/17/13
Hirsch-Otto Armleder	shallow	3630 Reading Road	45229	751-0601	Avondale	6/03/13	8/10/13
LeBlond	shallow	2335 Riverside Drive	45202	281-3717	East End	6/03/13	8/10/13
Lincoln	deep (50 meter)	1027 Linn Street	45203	621-6783	West End	6/03/13	8/17/13
Madisonville	deep	5320 Stewart Avenue	45227	271-3301	Madisonville	6/03/13	8/10/13
McKie	deep	1655 Chase Avenue	45223	681-7669	Northside	5/25/13	8/17/13
Milvale	deep	3303 Beekman Street	45225	541-1707	Milvale	6/03/13	8/10/13
Mt. Adams	shallow	966 Mt. Adams Drive	45202	421-5073	Mt. Adams	6/03/13	8/18/13
Mt Auburn	indoor	270 Southern Avenue	45219	381-6780	Mt. Auburn	6/03/13	8/31/13
Mt. Washington	deep	1715 Beacon Street	45230	232-5621	Mt. Washington	6/03/13	8/17/13
Oakley	deep	3900 Paxton Road	45209	631-4264	Oakley	6/03/13	8/10/13
Pleasant Ridge	deep	5915 Ridge Avenue	45213	531-1707	Pleasant Ridge	5/25/13	8/17/13
Ryan	deep	2856 Fischer Place	45211	681-3128	Westwood	6/03/13	8/17/13
Spring Grove Village	shallow	600 Hand Avenue	45232	542-2768	Spring Grove Village	6/03/13	8/10/13
Winton Hills	deep	5170 Winneste Avenue	45232	641-3688	Winton Hills	6/03/13	8/10/13
Ziegler	shallow	1311 Sycamore Avenue	45210	621-3650	Over The Rhine	6/03/13	8/10/13
SPRAYGROUND	TYPE	ADDRESS	ZIP	PHONE	NEIGHBORHOOD	OPENING DATE	CLOSING DATE
Caldwell	sprayground	316 W. North Bend Road	45216	n/a	Carthage	5/24/13	9/02/13
College Hill	sprayground	5660 Belmont Avenue	45224	n/a	College Hill	5/24/13	9/02/13
Dyer	sprayground	2124 Freeman Avenue	45214	n/a	West End	5/24/13	9/02/13
McKie	sprayground	1655 Chase Avenue	45223	n/a	Northside	5/24/13	9/02/13
North Fairmount	sprayground	1702 Carlil Street	45225	n/a	North Fairmount	5/24/13	9/02/13
Oyler	sprayground	2126 Storr's Street	45204	n/a	Lower Price Hill	5/24/13	9/02/13
Pleasant Ridge	sprayground	5915 Ridge Avenue	45213	n/a	Pleasant Ridge	5/24/13	9/02/13
South Fairmount	sprayground	1685 Queen City Avenue	45214	n/a	South Fairmount	5/24/13	9/02/13

Pool Program Chart

POOL	Phone	Type	Adapted Aquatic Program(s)	Discover Scuba	Dog Days	Fitness Lap Swim	Free Lunch pool/ctr	Guard Start	Kayak Skills Class	Open Swim	Swim Lessons	Swim Team	Water Exercise
Bond Hill	242-6897	deep				X evenings	X	X		X	X	X	X
Bush	751-5085	deep				X evenings	X	X		X	X	X	
Camp Washington	681-1241	deep						X		X	X	X	
Dempsey	921-6338	deep				X evenings	X	X		X	X	X	
Dickman	941-6270	deep		X			X	X		X	X	X	
Dunham-Otto Armleder	251-0150	shallow	X	X	X	X all time	X	X		X	X	X	X
Evanston	221-5150	shallow					X	X		X	X	X	X
Fairview	421-4576	shallow					X	X		X	X		
Filson	721-1209	deep					X	X		X	X	X	
Hanna-Otto Armleder	721-7521	shallow						X		X	X		
Hartwell	821-2153	deep				X evenings	X	X		X	X	X	
Hirsch-Otto Armleder	751-0601	shallow					X	X		X	X	X	X
LeBlond	281-3717	shallow	X	X			X	X		X	X		
Lincoln	621-6783	deep			X 50 meter all time		X	X		X	X	X	
Madisonville	271-3301	deep					X	X	X		X	X	X
McKie	681-7669	deep		X		X evenings	X	X		X	X	X	
Milvale	541-1707	deep		X			X	X		X	X	X	X
Mt. Adams	421-5073	shallow			X			X		X	X		
Mt. Auburn	381-6780	indoor warm	X							X	X		
Mt. Washington	232-5621	deep				X evenings	X	X		X	X	X	X
Oakley	631-4264	deep				X evenings		X		X	X	X	X
Pleasant Ridge	531-1707	deep		X		X evenings	X	X		X	X	X	X
Ryan	661-3128	deep				X all time	X	X		X	X	X	
Spring Grove Village	542-2768	shallow						X		X	X		
Winton Hills	641-3688	deep					X	X		X	X	X	X
Ziegler	621-3650	shallow				X M/W evenings	X	X		X	X	X	
SPRAYGROUND													
Caldwell	n/a	sprayground											
College Hill	n/a	sprayground											
Dyer	n/a	sprayground				X							
McKie	n/a	sprayground											
North Fairmount	n/a	sprayground					X						
Oyler	n/a	sprayground					X						
Pleasant Ridge	n/a	sprayground											
South Fairmount	n/a	sprayground					X						
Totals:			3	6	2	12	24	21	1	25	26	20	9

Adapted Aquatics Programs

CRC's Aquatic Division strives for inclusiveness through **Adapted Aquatics Programs** that include social interaction for you or someone you know who is rehabilitating from an injury or has a disability. Mt. Auburn year-round warm water pool is the perfect pool for participating in our Adapted Aquatic Swim Programs, preparing for Special Olympics swim meets, or Blaze Sports, paralympics improving flexibility or gaining swimming skills. Our individualized Adapted Aquatics Program is designed to include all ability levels by incorporating the Red Cross Swim Progression, the TR Sequential Swim Progression for individuals with physical disabilities, and the Dolan Method for individuals with autism. Mt. Auburn pool is accessible and offers trained staff for a variety of group and individual instruction. Mt. Auburn pool is also available for rentals by Occupational Therapists, Physical Therapists or for one-on-one therapeutic water work.

Mt. Auburn Warm Water Year-Round Programs Include:

Adapted Aquatic Program, Arthritis Movement Program (Certified by the Arthritis Foundation), Senior Movement and Water Exercise Classes, "I CAN SWIM!" Learn to Swim Lessons (American Red Cross).

Adapted Aquatic Program - Beginning & Intermediate Levels

Our individualized Adapted Aquatics program for ages 5 and older includes all ability levels by incorporating the Red Cross progression, the TR Sequential Swim Progression for individuals with physical disabilities, and the Dolan Method for individuals with autism. Participants are taught swimming skills, water safety and independence. Swimming is an inclusive recreational skill that can improve health and fitness.

Tuesday & Thursday	June 18-Aug.3	4:30-5:10pm, 5:15-5:55pm, 6:00-6:40pm	\$100 fee
Saturdays	June 18-Aug.3	10:00-10:40am, 10:45-11:25am, 11:30-12:10pm, 12:15-12:55pm	\$100 fee

TR Sharks Swim Team

This team is for advanced swimmers age 6 and older with cognitive and/or physical disabilities as well as typical children. Swimmers must be able to swim the length of the pool on front and back, and work in small groups of 3-5. Each swimmer will be evaluated at the first practice. If they do not meet the skill requirements, they will be offered the opportunity to swim in our Adapted Aquatics Program (see above).

Our swim team program will offer lap swimming and stroke refinement. All participants will be encouraged to practice for our CRC City-wide swim league meets and the Special Olympics and Paralympic swim meets. This fun program is a great opportunity for swimmers to continue to perfect their skills and to improve their fitness! GO SHARKS!

Tuesday & Thursday	June 11-Aug.15	7:00pm-8:30pm	\$150 fee
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LeBlond Outdoor Shallow Water Programs Include:

Adapted DISCOVER SCUBA at LeBlond Pool- Ages 12 & Older

Wednesday	July 31	10:00am-12:30pm	FREE
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Sensory Snorkling - Ages 6-12

Wednesday	June 26	2:30pm-3:30pm	\$35 fee
Wednesday	August 7	4:00pm-5:00pm	\$35 fee

For information or to register for all Adapted Aquatics Programs call Kristen at 352-4055.

Therapeutic Summer Day Camp Programs

Therapeutic Summer Day Camps swim at Dunham-Otto Armleder Pool and LeBlond Pool.

Inclusion

All Cincinnati Recreation Commission aquatic programs are available for participants with disabilities. If an individual requires assistance in order to successfully participate, an accommodation may be requested. Our CRC Therapeutic Division's Inclusion Team will assist individuals with disabilities while participating in aquatic programs. The inclusion staff will:

- Assist in identifying a Cincinnati Recreation Commission aquatic program that fits your needs and interests.
- Assist in the process of registering and, if necessary, requesting an accommodation.
- Assist pool staff and instructors in providing necessary accommodation and other supports for successful participation.

8 For current fee information about Therapeutic Summer Day Camp Programs and/or inclusion, call Sandy at 352-4028.

Discover SCUBA



Discover SCUBA with SCUBA Unlimited's certified dive staff! Gain self-confidence and experience the thrill of trying Self Contained Underwater Breathing Apparatus under the guidance of a P.A.D.I. certified instructor. Those age 12 and older can come to one of these Discover SCUBA sessions and receive an introduction to SCUBA under the guidance of P.A.D.I. certified instructors. Teens, adults, seniors, parents and families are encouraged to participate.

Parental permission slips are required and available at scheduled pools. Class size limited to 45.

2013 Locations:

McKie	Wednesday	6/12/13	10:00am-12:30pm
Dunham Otto Armleder	Wednesday	6/19/13	10:00am-12:30pm
Pleasant Ridge	Wednesday	6/26/13	10:00am-12:30pm
Millvale	Wednesday	7/17/13	10:00am-12:30pm
LeBlond (TR)	Wednesday	7/31/13	10:00am-12:30pm
Dickman	Wednesday	8/7/13	10:00am-12:30pm

For more information or to register your group, contact the pool or call CRC Aquatics at (513) 357-POOL (7665).

Dog Days of Summer

Aquatic Division

Dog Days of Summer

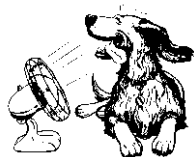
Swim and have fun with your dog(s) at select CRC Pools
and help raise funds for CRC Pools!



\$10 minimum donation for each dog



- Friendly, well-socialized, non-aggressive dogs only
- No pit-bull breeds permitted
- Bags provided



For more information call 357-POOL (7665)

Sunday, August 18

5:00pm-8:00pm

Dunham Otto Armleder Pool

251-0150

4356 Dunham Lane

45238



Monday August 19

5:00pm-8:00pm

Mt. Adams Pool

421-5073

966 Mt. Adams Drive

45202



CINCINNATI RECREATION FOUNDATION and CRC's Young Professional's Group

raise funds to provide
pool membership scholarships.



To DONATE ONLINE visit:

www.CincinnatiRecreationFoundation.org

To join the CRC YP Group email Greg at

crcyoungprofessionals@gmail.com

or find out more at [Facebook.com/CRCYP](https://www.facebook.com/CRCYP).

To help or volunteer call Wayne at 352-1616.

Fitness Lap Swim

Fitness Lap Swim is a great chance to get in the pool and get in some distance swimming. A lap lane(s) is available, upon request, based on attendance, at most of our deep water pools during evening open/family swim and some locations during open swim times.

Bond Hill Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
Bush Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
Dempsey Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
Dunham	During Open Swim	M-Sa	12:30pm-8:00pm
Otto Armleder Pool		Su	12:30pm-6:30pm
Hartwell Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
		Su	12:00pm-6:30pm
Lincoln Pool	During Open Swim	M-Th	1:00pm-7:30pm
(50 meter)		F & Sa	1:00pm-5:30pm
		Su	12:00pm-6:30pm
McKie	During Open/Family Swim	M-Th	5:30pm-7:30pm
		Su	12:00pm-6:30pm
Mt. Washington Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
		Su	12:00pm-6:30pm
Oakley Pool	During Open/Family Swim	M-Th	5:30pm-7:30pm
Pleasant Ridge Pool	During Open/Family Swim	M,T,Th	5:30pm-7:30pm
		Su	12:00pm-6:30pm
Ryan Pool	During Open Swim	M-Th	1:00pm-7:30pm
		F & Sa	1:00pm-5:30pm
		Su	12:00pm-6:30pm
Ziegler	During Open/Family Swim	M & W	5:30pm-7:30pm

July 4th Holiday Schedule

**Celebrate the holiday on
Thursday, July 4th
at these TWO
Cincinnati Recreation Commission
Swimming Pools!**

1. Dunham - Otto Armleder
4356 Dunham Lane 45238

12:30pm - 5:30pm

2. Evanston
3204 Woodburn Ave. 45207

1:00pm - 5:30pm



Free Lunch Program

In case you forgot your lunch, need a lunch, or are just plain hungry in the middle of a hot summer day, the Cincinnati Public School Free Lunch Program is here to help. Monday through Friday, CRC provides free lunch sites across the city for youth ages 18 and younger. There's no fee, no registration, simply arrive at any site 15 minutes before the scheduled time so a lunch can be ordered. CRC pools support this program and will announce for children to enjoy lunch. Open swim, adult swim, and / or day camp group swims for those who are not eating free lunch will be held during this time at pools.

- **Additional breakfast and lunch locations are available.**
- **Schedule is subject to change.**
- **For information call Cincinnati Public Schools Food Service at 363-0800.**

The CRC pool / center free lunch sites are:

2013 schedule will be available at cincyrec.org.

<u>Pool</u>	<u>Address</u>	<u>Phone</u>	<u>Type</u>	<u>Neighborhood</u>	<u>2012 Free Lunch Times</u>
Bond Hill Center	1580 Yarmouth Ave.	242-6897	deep	Bond Hill	12:00pm
Bush Center/Pool	2640 Kemper Ln.	751-5085	deep	Walnut Hills	1:00pm
Camp Washington Pool	1201 Stock St.	681-1241	deep	Camp Washington	12:30pm
Dempsey Pool	956 Purcell Ave.	921-6338	deep	Price Hill	2:00pm
Dickman Pool/Center	6720 Home City Ave.	941-6270	deep	Sayler Park	12:30pm
Dunham, Otto Armleder	4356 Dunham Lane	251-0150	shallow	Western Hills	2:15pm
Dyer Sprayground	2124 Freeman Ave.	241-1192	sprayground	West End	1:00pm
Evanston Pool	3204 Woodburn Ave.	221-5150	shallow	Evanston	1:00pm
Filson Pool	461 Ringgold St.	721-1209	deep	Mt.Auburn	2:00pm
Hanna, Otto Armleder	226 Stark St.	721-7521	shallow	Over The Rhine	12:00pm
Hartwell Pool	8275 Vine St.	821-2153	deep	Hartwell	12:00pm
Hirsch, Otto Armleder	3630 Reading Rd	751-0601	shallow	Avondale	12:45pm
LeBlond Center	2335 Riverside Dr.	352-4013	shallow	East End	12:30pm
Lincoln Pool/Center	1027 Linn St.	621-6783	deep	West End	1:00pm
McKie Center/Pool	1655 Chase Ave.	681-7669	deep	Northside	1:00pm
Millvale Center/Pool	3303 Beekman St.	541-1707	deep	Millvale	12:15am
Mt. Washington Pool	1715 Beacon St.	232-5621	deep	Mt. Washington	12:30pm
North Fairmount Sprayground	1702 Carl Street	NA	sprayground	North Fairmount	12:30pm
Oyler Sprayground	2126 Storrs St.	NA	sprayground	Lower Price Hill	1:00pm
Pleasant Ridge Pool	5915 Ridge Ave.	531-1707	deep	Pleasant Ridge	12:45pm
Ryan Pool	2856 Fischer Place	661-3128	deep	Westwood	1:30pm
South Fairmount Sprayground	1685 Queen City Ave.	NA	sprayground	South Fairmount	12:45pm
Winton Hills Center	5170 Winneste Ave.	641-3688	deep	Winton Hills	1:00pm
Ziegler Pool	1311 Sycamore Ave.	621-3650	deep	Over The Rhine	2:15pm

Guard Start Learn to Earn Program

Cincinnati Recreation Commission

American Red Cross

**GUARD
START™**
LIFEGUARDING TOMORROW
Encouraging Future Lifeguards

**“LEARN
TO
EARN”
PROGRAM**

Youth 11-14 years old

Guard Start Competition

Saturday July 20, 2013

10:00am - 4:30pm at Ryan Pool (2856 Fischer Place 45211)

The American Red Cross **Guard Start** Lifeguarding Tomorrow program gives your child a jump start into Red Cross lifeguarding. This program will help your child, age 11-14, build a foundation of knowledge, attitudes and skills to become a future lifeguard. Your child will receive instruction in prevention, fitness, response, leadership, professionalism and swimming skill development. Your child will practice with swim team Monday through Thursday as part of their class. Friday practices and Wednesday evening meets are optional. Your child will have the opportunity to earn incentive items like goggles, T-shirt, and a swimsuit through a structured program designed to encourage timeliness, positive work ethics, and leadership. This is a great six (6) week program, from June 10 through July 18, at 21 of CRC's pools. To be eligible, a child must be able to swim across the width of the pool. They must also be able to stand, put their face in the water and blow bubbles.

To register, a child can sign up at one of the pools below beginning Monday, June 3 at 1:00pm. Parents aren't required at registration, but must complete the registration form by June 20 for their child to remain eligible. Ten to fifteen students per site are selected on a first come, first serve basis.

Monday-Thursday 2 1/2 hours between 10:30am and 1:00pm

Bond Hill	10:30am-1:00pm	Lincoln	10:30am-1:00pm
Bush	10:30am-1:00pm	Madisonville	10:30am-1:00pm
Camp Washington	10:30am-1:00pm	McKie	10:30am-1:00pm
Dempsey	10:30am-1:00pm	Millvale	10:30am-1:00pm
Dickman	10:30am-1:00pm	Mt. Washington	10:30am-1:00pm
Dunham-Otto Armleder	*11:00am-1:30pm*	Oakley	10:30am-1:00pm
Evanston	10:30am-1:00pm	Pleasant Ridge	10:30am-1:00pm
Filson	10:30am-1:00pm	Ryan	10:30am-1:00pm
Hanna-Otto Armleder	10:30am-1:00pm	Winton Hills	10:30am-1:00pm
Hartwell	10:30am-1:00pm	Ziegler	10:30am-1:00pm
Hirsh-Otto Armleder	10:30am-1:00pm		

For more information, contact your pool or Natalie at 357-POOL (7665).

Kayak Skills Development

The pool is a perfect place to learn the fundamentals of kayaking. It's also a great way for skilled paddlers to mentor a teenage kayaker. This class is for experienced or novice kayakers. Develop or perfect your moves. Learn about paddling safely, basic paddle strokes, wet exits, rolls and rodeo moves in these Monday evening classes. Whether you own a kayak or not, join the group for a lot of fun and some river trips. Class activities are listed.

Teen/Adult Kayak Class \$100.00 with kayak
(All-CRC City-wide pools membership required)

\$125.00 without kayak

Mondays

June 3 to August 5

5:30pm to 8:30pm

9:30pm on River Days

Madisonville Pool 5312 Stewart Avenue 45227

class 1	6/3	Madisonville Pool Injury prevention for paddlers, Basic paddle strokes, Wet exit, Intro to roll, Intro to flat water rodeo moves
class 2	6/10	Madisonville Pool Paddle stroke refinement, Core body use, Roll practice, Reading the water
class 3	6/17	Madisonville Pool Slalom gates, Roll practice, Play and river moves
class 4	6/24	Little Miami River, Miamiville, OH Eddy turns, Ferrying, Squirt moves, Eskimo rescue
** No Class 7/1 **		
class 5	7/8	Little Miami River, Miamiville, OH Intro to river rodeo moves
class 6	7/15	50 Hole Great Miami River, Cleves, OH Park N' Play, Personal instruction, Slalom gates, Roll practice, Play and river moves
class 7	7/22	Best Available Water Eddy turns, Ferrying, Squirt moves, Eskimo rescue, Park N' Play, Personal instruction, Advanced play demo's
class 8	7/29	Best Available Water Personal instruction, Fun time, and More
class 9	8/5	Best Available Water Personal instruction, Fun time, and More
class 10	8/12	Best Available Water Personal instruction, Fun time, and More

CRC Kids Kayak Camp

for ages 7-11

at East Fork Lake and the Little Miami River

Session 1: June 17-21, Session 2: August 5-9

9:30am-4:30pm Monday-Friday.

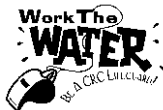
Leadership, river stewardship, nature, personal accomplishment, and fun.

Cost: \$250/session includes kayak, gear & transportation.

\$50 non-refundable registration fee due at time of registration.

To register contact Nicky at 271-4190.

Lifeguard Training Courses



**American
Red Cross**

Each year the Cincinnati Recreation Commission recruits and trains 225+ lifeguards to "Work the Water" at CRC public pools. CRC aquatic staff instructors hold free, swim stroke clinics in the evenings during Fall, Winter and Spring at Mt.Auburn Indoor Pool. These clinics are designed for anyone age 14 and older who wishes to learn and refine their swimming skills in preparation for Lifeguard Training Courses. They are offered continuously and you can start anytime.

CRC instructs eleven (11) Lifeguard Training Courses annually, March through December. Make a difference in neighborhoods, be a lifeguard! Learn to save lives and earn your certification in American Red Cross Lifeguard Training and First Aid as well as CPR for the Professional Rescuer/AED. Participants must be at least 15 years of age. Adults are welcome. This training is \$40.00 for those working the entire summer season for the Cincinnati Recreation Commission. These fees include a whistle and lanyard. The additional book fee is \$35.00. Lifeguard Training is also available to those not working with CRC for a fee of \$240.00.

Lifeguard Training Course prerequisite skills include: (1) 300 yard continuous swim, front crawl and breast stroke; (2) Swim 20 yards, surface dive to a minimum of 7 feet, retrieve a 10 pound object, return to the surface with the object and swim back to the starting point, keeping face at or near surface, holding the 10 pound object with both hands; (3) Tread water for 2 minutes using only the legs.

Mt. Auburn Indoor Pool ~ 270 Southern Ave. 45219

Session	Dates	Days of Week	Times
Course # 6.	May 3 to May 12	Fri. Sat. & Sun.	5:45 pm - 8:45 pm 9:00 am - 5:00 pm
Course # 7.	May 17 to May 26	Fri. Sat. & Sun.	5:45 pm - 8:45 pm 9:00 am - 5:00 pm
Course # 11.	Dec. 6 to Dec. 15	Fri. Sat & Sun.	5:45 pm - 8:45 pm 9:00 am - 5:00 pm

Ryan Pool ~ 2856 Fischer Place 45211 (Westwood)

Course # 8.	June 4 to June 8	Tues. thru Sat.	9:00 am - 5:00 pm
Course # 9.	June 11 to June 15	Tues. thru Sat.	9:00 am - 5:00 pm
Course # 10.	July 15 to July 19	Mon. thru Fri.	9:00 am - 5:00 pm

For additional information call 357-POOL (7665). Equal Opportunity Employer

Neighborhood Pool-Watch Program

The Cincinnati Recreation Commission wants your help.

Save a Life... Help prevent drownings. Watch your pool. Call 911.

- Alert police at 911 if you see swimmers in a pool area after hours.
Your phone call can make a difference and save a life.
- If you see fence cuts after hours at city pools, call the City of Cincinnati non-emergency dispatch at 765-1212 to alert the Cincinnati Recreation Maintenance Staff.
- Watch your children.
Never - not even for a moment - leave small children unsupervised near water.
- Swim only when pools are open, with lifeguards on duty.
- Learn to swim, take Cincinnati Recreation Commission's American Red Cross swim lessons at one of our CRC pools.

For more information, call CRC Aquatics Division at 357-POOL (7665)

Open Swim/Family Swim Times

Visit your neighborhood pool or a pool across town during open swim and have fun! Swim, splash and socialize with neighbors and friends. Swimming is the second most common form of exercise. Open swims are for all ages. **Children age 6 and younger must be accompanied and actively supervised by a parent or adult guardian at all times.** Use the 1-meter diving board at deep water pools, jump into the shallow water, swim laps, ride the slides, or just cool off during the CRC pools' open swim times. Several pools offer a lap swimming lane during open swims. Remember, spraygrounds are free. Hours subject to change.

Pool	Monday-Thursday	Friday	Saturday	Sunday
Bond Hill	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
Bush	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
Camp Washington	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
Dempsey	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
Dickman	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	12:00pm-6:30pm
Dunham, Otto Armleder	12:30pm-8:00pm	12:30pm-8:00pm	12:30pm-8:00pm	12:30pm-6:30pm
Evanston	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	12:00pm-6:30pm
Fairview	2:30pm-7:30pm	2:30pm-5:30pm	1:00pm-7:00pm	1:00pm-7:00pm
Filson	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
Hanna, Otto Armleder	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
Hartwell	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	12:00pm-6:30pm
Hirsch, Otto Armleder	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
LeBlond	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
Lincoln	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	12:00pm-6:30pm
Madisonville	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
	(except M 6/3, 6/10, 6/17 1:00pm-5:00pm)			
McKie	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	12:00pm-6:30pm
Millvale	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
Mt. Adams	2:30pm-7:30pm	2:30pm-7:30pm	1:00pm-7:00pm	1:00pm-7:00pm
Mt. Washington	1:00pm-5:30pm	1:00pm-5:30pm	1:00pm-5:30pm	12:00pm-6:30pm
	6:15pm-7:30pm			
Oakley	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
Pleasant Ridge	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	12:00pm-6:30pm
	(except W 6/12-7/24 1:00pm-5:30pm)			
Ryan	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	12:00pm-6:30pm
Spring Grove Village	2:30pm-7:30pm	2:30pm-5:30pm	1:00pm-7:00pm	1:00pm-7:00pm
Winton Hills	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	
Ziegler	1:00pm-7:30pm	1:00pm-5:30pm	1:00pm-5:30pm	

Sprayground

Caldwell Sprayground	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm
College Hill Sprayground	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm
Dyer Sprayground	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm
McKie Sprayground	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm
North Fairmount Sprayground	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm
Oyler Sprayground	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm
Pleasant Ridge Sprayground	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm
South Fairmount Sprayground	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm	10:00am-10:00pm

16 *McKie and Pleasant Ridge spraygrounds are only accessible through the pool during pool hours.
Free access is provided when pools are closed.

Rentals

Pool Rental Fees (3 hour minimum)*

Fairview, LeBlond, Mt. Adams & Spring Grove Village
shallow pools

\$55 / hour*

Outdoor, deep-water pools and Ziegler pool

\$110 / hour*

Dunham - Otto Armleder shallow pool

\$420 / hour*

Evanston, Hanna-Otto Armleder,

Hirsch - Otto Armleder shallow pools

\$180 / hour*

Mt. Auburn warm-water, indoor, deep-water pool

\$55 / hour*

- Rental period to include 1/2 hour set-up and 1/2 hour clean-up in rental period.
- Additional staff cost are as needed based on pool and group size.
- Indoor pool, long term pool rentals with more than 30 hours per calendar year receive a reduced rate of \$45.00 /hour.

Birthday/Celebration Party Pool Rentals

Are you looking for a fun facility for your summer family reunion or birthday party? Perhaps you're celebrating a special event like graduation or just want to have a different kind of party in the winter. Rent a CRC pool for your next event.

- Rentals include lifeguard staff, inflatable pool floats and pool foam noodles.
- Groups are permitted to bring food into pool areas during rentals.
- Pool rentals are available outside of normal pool operating hours.
- Pools rentals are not available for profitable events.
- CRC pool facilities are alcohol and drug free.

To rent a CRC Pool, call 357-POOL (7665) and complete a rental agreement form. Payment in full required a minimum of two weeks in advance.

RiverTrek 2013

Free

RiverTrek is a journey of self discovery that brings **teens** together from diverse backgrounds. RiverTrekers learn camping, canoeing, kayaking, leadership and teamwork skills on this 75-mile trip along the Scenic Little Miami River. For 17 years, CRC has offered this FREE experience to youth as an opportunity for growth.

Monday, July 22nd through Friday, July 26th

\$10.00 non refundable registration fee required. For more information or how to apply visit www.cincyrec.org (CAMP CRC/Specialty Camps) or call Chel at 232-4762



Cincinnati Recreation Commission

"I CAN SWIM!"

PROJECT & SCHOLARSHIP PROGRAM

As of September 2011, we dedicate this project in memory of the Jeff brothers. Cameron (Age 10) and Bryce (Age 8) were not only brothers, but each other's best friends. They enjoyed being around their large family, being on the computer, playing video games, and especially being outdoors. However, they could not swim.



- Nine people drown each day in the U.S.
- Drowning is the 2nd leading cause of accidental death in children under 14.
- In ethnically diverse communities, the youth drowning rate is more than double the national average.

HELP US CHANGE THE NUMBERS!

The Cincinnati Recreation Commission's Cincinnati "I CAN SWIM!" Project with the help of the USA Swimming Make a Splash Program Grant teaches swimming and water safety to help children and others be safe in and around the water. Many first-generation swimmers have learned how to swim in this program.

**To donate, make check payable to: Cincinnati Recreation Foundation
ATTN: "I CAN SWIM!"**

Mail to: 805 Central Ave. Suite 800 Cincinnati, OH 45202

LEARN TO SWIM! SAVE LIVES!

.....
On-site Registration at the pool of your choice begins June 3rd
\$20 Donation, more if you can, less if you can't
Swim Lessons begin June 10th
.....

Swim Lessons - "I CAN SWIM!"

CRC's "I CAN SWIM!" Project is American Red Cross instruction designed to help swimmers of all ages begin, develop and refine their swimming skills. Red Cross Water Safety Instructors teach a variety of swim strokes, personal safety skills and diving techniques. At more advanced levels, students refine skills and discover how to incorporate swimming into a lifetime fitness program. CRC's "I CAN SWIM!" Project/American Red Cross Learn to Swim Program is progressive; you must satisfactorily demonstrate the skills of the previous level on the first day of class to gain admittance into the next level. On day one, swimmers will be placed into levels based upon skill testing.

Parent and Child Aquatics - ages 6 months-3 years old.

Builds swimming readiness while emphasizing fun. A great chance for children and parents to enjoy the water together! Parents/Caregivers are required to be in the water with their children.

Level 1- Introduction to Water Skills - ages 4 and older

Orientation to water, basic safety rules, blowing bubbles and bobbing in chest deep water.

Level 2 - Fundamental Aquatic Skills

Expands on basic skills, gliding, rhythmic breathing, flutter kick, retrieving objects from pool bottom in chest-deep water.

Level 3 -Stroke Development

Increases swimming skills, safety and non-swimming rescue skills, safe diving rules, life jackets and opening airways.

Level 4 -Stroke Improvement

Develops confidence and competency in strokes and safety skills, familiarity with CPR, perform rotary breathing, deep-water bobbing and experimenting with buoyancy and floating positions.

Level 5 -Stroke Refinement

Provides further coordination and refinement of strokes, butterfly, front crawl, back crawl, breaststroke, elementary backstroke and sidestroke.

Level 6 -Swimming and Skill Proficiency

Develops maximum efficiency, power and endurance of strokes. Menu options: Personal Water Safety, Lifeguard Readiness, Fundamentals of Diving, Fitness Swimming.

"I CAN SWIM!" Project - Program Sessions Dates:

Session 1 (4 weeks) Monday, June 10 to Friday, July 5

Session 2 (4 weeks) Monday, July 8 to Friday, August 2

Group Lessons/Session: (10-12) 1/2 hr. or (6-8) 3/4 hr. classes \$20.00

Private Lessons: (4) 1/2 hr. classes package \$80.00

All-CRC (City-Wide) Pools membership or Dunham-Otto Armleder Pool membership required.
To register visit or call the pool of your choice.

Dunham-Otto Armleder Pool "I CAN SWIM!" Project:

Registration: Wednesday, May 29, 6:00pm-8:00pm at the pool (4356 Dunham Lane 45238)

Session 1 (evening) Monday-Thursday, June 3 to June 20 (30 min. classes)

Session 2 (evening) Monday-Thursday, June 24 to July 11 (30 min. classes)

Session 3 (evening) Monday-Thursday, July 15 to August 1 (30 min. classes)

Session 1 (morning) Wednesday and Friday, June 12 to July 5 (45 min. classes)

Session 2 (morning) Wednesday and Friday, July 10 to August 2 (45 min. classes)

Mt. Auburn Indoor Pool "I CAN SWIM!" Project:

Registration/Screening: Tuesday, June 18, 11:45am-2:00pm

Session 1 (afternoon) Tuesday and Thursday, June 18-July 18 (45 min. classes) (no class July 4)

Pleasant Ridge Pool "I CAN SWIM!" Project:

Registration: Tuesday, June 4, 6:00pm-8:00pm at the pool (5915 Ridge Avenue 45213)

For Registration at all other pools, visit or call the pool. Adults of all skill levels are welcome.

*Course fees will not be refunded for inclement weather or class cancellations.

For more information, contact your pool or Lois at 357-POOL (7665).

Swim Lessons - “I CAN SWIM!” Schedule

POOL	Phone	Type	Fee	Session	Days	Class Times	Age 4 - Adult Levels
Bond Hill	242-6897	deep	\$20	6/12-7/3 & 7/10-8/1 6/11-7/2 & 7/9-8/1	W&Th T&Th	11:15am-12:00pm 5:45pm-6:30pm	1,2,3,4,5
Bush	751-5085	deep	\$20	6/12-7/3 & 7/10-8/1	W&Th	11:15am-12:00pm	1,2,3,4,5
Camp Washington	681-1241	deep	\$20	6/12-7/3 & 7/10-8/1	W&Th	11:15am-12:00pm	1,2,3,4,5
Dempsey	921-6338	deep	\$20	6/12-7/3 & 7/10-8/1	W&Th	11:15am-12:00pm	1,2,3,4,5
Dickman	941-6270	deep	\$20	6/10-7/3 & 7/8-7/31 6/11-7/2 & 7/9-8/1	M&W T&Th	5:15pm-6:00pm 5:15pm-6:00pm	1,2,3,4,5
Dunham, Otto Armleder	251-0150	shallow	\$20	6/12-7/5 & 7/10-8/2 6/3-6/20 Sess.1 6/24-7/11 Sess.2 7/15-8/1 Sess.3 6/1-6/29 & 7/6-8/3	W&F M-Th M-Th M-Th Sat	10:00am-10:45am, 10:45am-11:30am, 11:30am-12:15pm 5:30pm-6:00pm or 6:00pm-6:30pm 5:30pm-6:00pm or 6:00pm-6:30pm 5:30pm-6:00pm or 6:00pm-6:30pm 11:30am-12:30pm	1,2,3,4 Parent & Child
Evanston	221-5150	shallow	\$20	6/12-7/3 & 7/10-8/1 6/11-7/2 & 7/9-8/1	W&Th T&Th	11:15am-12:00pm 6:00pm-6:45pm	1,2,3,4
Fairview	421-4576	shallow	\$20	6/10-7/5 & 7/8-8/2 6/11-7/2 & 7/9-8/1	M,W,F T&Th	2:00pm-2:30pm 5:30pm-6:15pm	1,2,3
Filson	721-1209	deep	\$20	6/12-7/3 & 7/10-8/1	W&Th	11:15am-12:00pm	1,2,3,4,5
Hanna, Otto Armleder	721-7521	shallow	\$20	6/12-7/3 & 7/10-8/1 6/11-7/2 & 7/9-8/1	W&Th T&Th	12:15pm-1:00pm 5:00pm-5:45pm	1,2,3
Hartwell	821-2153	deep	\$20	6/12-7/3 & 7/10-8/1 6/11-7/2 & 7/9-8/1	W&Th T&Th	9:45am-10:30am, 10:30am-11:15am, 11:15am-12:00pm 6:00pm-6:45pm	1,2,3,4,5
Hirsch, Otto Armleder	751-0601	shallow	\$20	6/12-7/3 & 7/10-8/1	W&Th	10:30am-11:15am or 11:15am-12:00pm	1,2,3,4
LeBlond	281-3717	shallow	\$20	6/12-7/3 & 7/10-8/1	W&Th	12:15pm-1:00pm	1,2,3
Lincoln	621-6783	deep	\$20	6/12-7/3 & 7/10-8/1 6/10-7/3 & 7/8-7/31	W&Th M,T,W	11:15am-12:00pm 5:00pm-5:30pm	1,2,3,4,5
Madisonville	271-3301	deep	\$20	6/10-7/2 & 7/8-7/30 6/11-7/2 & 7/9-8/1	M&T T&Th	10:30am-11:15am or 11:15am-12:00pm 5:00pm-5:45pm or 5:45pm-6:30pm	1,2,3,4,5

SwimLessons - “I CAN SWIM!” Schedule

McKie	681-7669	deep	\$20	6/12-7/3 & 7/10-8/1 6/11-7/2 & 7/9-8/1	W&Th T&Th	10:30am-11:15am or 11:15am-12:00pm 5:45pm-6:30pm	1,2,3,4,5
Milvale	541-1707	deep	\$20	6/10-7/3 & 7/8-7/31	M,T,W	4:30pm-5:00pm or 5:00pm-5:30pm	1,2,3,4,5
Mt. Adams	421-5073	shallow	\$20	6/11-7/3 & 7/9-8/1 6/10-7/3 & 7/8-7/31 6/11-7/2 & 7/9-8/1 6/8-7/6 & 7/13-8/10	T,W,Th M&W T&Th Sat	1:30pm-2:00pm or 2:00pm-2:30pm 5:45pm-6:30pm 5:45pm-6:30pm 12:00pm-1:00pm	1,2,3 Parent & Child
Mt. Auburn	381-6780	deep	\$20	6/18-7/18	T&Th	11:45am-12:30pm, 12:30pm-1:15pm 1:15pm-2:00pm or 2:00pm-2:45pm	1,2,3,4,5
Mt. Washington	232-5621	deep	\$20	6/12-7/3 & 7/10-8/1 6/10-7/3 & 7/8-7/31 6/11-7/2 & 7/9-8/1 6/8-7/6 & 7/13-8/10	W&Th M&W T&Th Sat	10:30am-11:15am or 11:15am-12:00pm 5:30pm-6:15pm 5:30pm-6:15pm 12:00pm-1:00pm	1,2,3,4,5 Parent & Child
Oakley	631-4264	deep	\$20	6/12-7/5 & 7/10-8/2 6/11-7/2 or 7/9-8/1	W&F T&Th	10:30am-11:15am or 11:15am-12:00pm 5:30pm-6:15pm	1,2,3,4,5
Pleasant Ridge	531-1707	deep	\$20	6/12-7/3 & 7/10-8/1	W&Th	9:45am-10:30am, 10:30am-11:15am, 11:15am-12:00pm	1,2,3,4,5
Ryan	661-3128	deep	\$20	6/12-7/3 & 7/10-8/1 6/11-7/2 & 7/9-8/1	W&Th T&Th	10:30am-11:15am, or 11:15am-12:00pm 5:45pm-6:30pm	1,2,3,4,5
Spring Grove Village	524-2768	shallow	\$20	6/10-7/3 & 7/8-7/31 6/11-7/2 & 7/9-8/1	M&W T&Th	1:45pm-2:30pm or 5:30pm-6:15pm 5:30pm-6:15pm	1,2,3
Winton Hills	641-3688	deep	\$20	6/10-7/2 & 7/8-7/30 6/11-7/2 & 7/9-8/1 6/12-7/3 & 7/10-8/1	M&T T&Th W&Th	10:30am-11:15am or 11:15am-12:00pm 5:00pm-5:45pm 11:15am-12:00pm	1,2,3,4,5 1,2,3,4,5
Ziegler	621-3650	deep	\$20	6/10-7/3 & 7/8-7/31 6/11-7/2 & 7/9-8/1	M&W T&Th	11:15am-12:00pm 11:15am-12:00pm or 5:45pm-6:30pm	1,2,3,4,5

Swim Teams / Instructional League

Children and teens ages 17 and younger will improve their swimming skills, learn competitive swim strokes (freestyle, backstroke, breaststroke, and butterfly), as well as entries and turns by joining one of CRC's 20 offered swim teams.

Swim team participation is free with an All-CRC (City-Wide) pools membership. We ask that all youth are registered with a parent or guardian's permission. Get involved. Come out on Wednesday evenings and cheer on your favorite swimmer!

Did you know over 25% of our lifeguards swam on swim teams?

Summer instructional league swim meets are held each Wednesday June 12 - July 24. Most meets have 3-4 teams attending and are at 6:30pm. Rain-out & make-up meets will be held on Friday evenings. The city finals championship meet is at 11am on Saturday, July 27 at Ryan Pool. More than 375 youth swim in our league. Make waves, join the team of your choice!

For additional information call 357-POOL (7665) or call the pool.

<u>POOL</u>	<u>Phone</u>	<u>Type</u>	<u>Practice Times</u>	<u>Days of Week</u>
Bond Hill	242-6897	deep	12:00pm-1:00pm	M-F
Bush	751-5085	deep	12:00pm-1:00pm	M-F
Camp Washington	681-1241	deep	12:00pm-1:00pm	M-F
Dempsey	921-6338	deep	12:00pm-1:00pm	M-F
Dickman	941-6270	deep	12:00pm-1:00pm	M-F
Dunham-Otto Armleder	251-0150	shallow	12:30pm-1:30pm	M-F
Evanston	221-5150	shallow	12:00pm-1:00pm	M-F
Filson	721-1209	deep	12:00pm-1:00pm	M-F
Hartwell	821-2153	deep	12:00pm-1:00pm	M-F
Hirsh-Otto Armleder	751-0601	shallow	12:00pm-1:00pm	M-F
Lincoln	621-6783	deep	12:00pm-1:00pm	M-F
Madisonville	271-3301	deep	12:00pm-1:00pm	M-F
McKie	681-7669	deep	12:00pm-1:00pm	M-F
Millvale	541-1707	deep	12:00pm-1:00pm	M-F
Mt. Washington	232-5621	deep	12:00pm-1:00pm	M-F
Oakley	631-4264	deep	12:00pm-1:00pm	M-F
Pleasant Ridge	531-1707	deep	12:00pm-1:00pm 8:30am-9:45am	M-F T&Th
Ryan	661-3128	deep	12:00pm-1:00pm	M-F
Winton Hills	641-3688	deep	12:00pm-1:00pm	M-F
Ziegler	621-3650	deep	12:00pm-1:00pm	M-F

22 For more information, contact your pool or Natalie at 357-POOL (7665).

Water Exercise

CRC wants to help you improve your fitness level, decrease stress and build strength and muscle tone through fun aquatic fitness programs.

Before starting any workout program, please consult your physician.

Water Exercise is an aerobic water workout, designed to get your heart pumping for a 45-60 minute class. Did you know that every gallon of water you move weighs 8.3lbs?! Stay cool and workout to music. Your first class is free, so come and try it!
In addition to our *summer* water exercise classes, classes continue in the fall, winter & spring, indoors at Mt. Auburn pool.

Bond Hill	Wednesday & Friday	11:00am - 12:00pm
Dunham-Otto Armleder	Tuesday & Thursday	5:30pm - 6:30pm
	Wednesday & Friday	11:00am - 12:00pm
Evanston	Monday & Wednesday	6:00pm - 7:00pm
	Friday	11:00am - 12:00pm
Hirsch-Otto Armleder	Friday	11:00am - 12:00pm
Madisonville	Tuesday & Thursday	6:30pm - 7:30pm
Millvale (free with center membership)	Monday & Wednesday	6:30pm - 7:30pm
Mt. Washington	Tuesday (deep water) & Thursday	9:30am - 10:30am
	Monday & Wednesday	5:30pm - 6:30pm
Oakley	Wednesday & Friday	10:15am - 11:15am
Pleasant Ridge	Monday, Wednesday, Friday	8:30am - 9:30am

Arthritis Exercise

Mt. Auburn Warm-Water, Indoor Pool
270 Southern Ave, Cincinnati, OH 45219

summer session
June 3 - August 16
program available year round

Monday: 5:30pm - 6:30pm
Tuesday: 3:00pm - 4:00pm
Wednesday: 4:30pm - 5:30pm
Friday: 1:00pm - 2:00pm

Water Exercise & Arthritis Exercise classes \$5.00/class
Package of 10 classes \$40.00 (that's only \$4.00/class!)
Package of 20 classes \$72.00 (that's only \$3.60/class!)

Classes require an All-CRC (City-Wide) Pools Membership in addition to the class fee.

Water Exercise and/or Arthritis Exercise class passes can be purchased at any of the above pools and are valid at all locations and at Mt.Auburn, year-round.

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Year-Round Indoor Pool

CRC is proud of it's newly renovated warm-water, therapeutic, indoor year-round pool, offering a wide variety of programs to fit your aquatic needs.

Mt. Auburn Pool, 270 Southern Avenue, located in Mt. Auburn, is a warm water pool, temperature 87 degrees F, perfect for anyone looking for a warmer pool. Mt. Auburn's trained staff offers adapted aquatic swim programs. The facility has accessible parking, and accessible showers & restroom facilities, and an accessible family dressing room. The pool offers a chair lift and steps with handrails. Mt. Auburn is also available for rentals by Occupational Therapists, Physical Therapists and for one-on-one therapeutic water work. During the weekdays, school groups and senior groups have classes. Everyone can take advantage of a comfortable water environment.

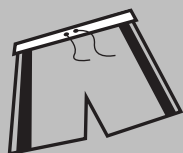
Our Arthritis exercise program is perfect for those wanting to loosen up their joints. CRC's "I Can Swim!" Project and Learn-to-Swim lessons are available in the evenings. We also have our Swim Stroke Clinics for those 14 and older wanting to prepare for our American Red Cross Lifeguard Training Courses. The warm water environment is a perfect place to orient your little one, age 6 months to 3 years to the water in our American Red Cross Parent and Child Program. Conquer your fear of water; sign up for individual or group swim lessons in a comfortable warm water environment.

Mt. Auburn Pool is included in All-CRC (City-Wide) Pools memberships for all ages for the year. "I CAN SWIM!" Project Swim Lessons are \$20/session (more if you can, less if you can't.) Other Aquatic Program and Adapted Aquatic program fees vary.

See the Adapted Aquatic Programs section www.cincyrec.org for more information. Call the CRC Aquatic Division Office #357-POOL(7665) for details.

S.O.S. Suit our Summer!

With the help of many individuals the Aquatic Division staff annually collects **1,000 new and gently-used swimsuits** for those in need of a swimsuit in order to swim at CRC pools. You can drop off or send swimsuits to:



**Cincinnati Recreation Commission
Aquatic Division**

805 Central Ave. • Suite 800
Cincinnati, OH 45202

Thank You!

Cincinnati Recreation Commission

24 CRC Recreation Centers: Need a Day-Camp or year-round activities and programs?

Check out what CRC recreation centers have to offer at www.cincyrec.org!

CENTER NAME	ADDRESS	ZIP	PHONE (513)	NEIGHBORHOOD
1 Bond Hill	1501 Elizabeth Pl.	45237	242-9565	Bond Hill
2 Bush	2640 Kemper Ln.	45206	281-1286	Walnut Hills
3 Clifton	320 McAlpin Ave.	45220	961-5681	Clifton
4 College Hill	5545 Belmont Ave.	45224	591-3555	College Hill
5 Corryville	2823 Eden Ave.	45219	221-0888	Corryville
6 Dunham Recreation Complex	4356 Dunham Ln.	45238	251-5862	Westwood
7 Evanston	3204 Woodburn Ave.	45207	861-9417	Evanston
8 Hartwell	8275 Vine St.	45216	821-5194	Hartwell
9 Hirsch	3630 Reading Rd.	45229	751-3393	Avondale
10 LeBlond	2335 Riverside Dr.	45202	352-4013	East End
11 Lincoln	1027 Linn St.	45203	721-6514	West End
12 Madisonville	5320 Stewart Ave.	45227	271-4190	Madisonville
13 McKie	1655 Chase Ave.	45223	681-8247	Northside
14 Millvale	3303 Beekman St.	45225	352-4351	Millvale
15 Mt. Auburn	270 Southern Ave.	45219	381-1760	Mt. Auburn
16 Mt. Washington	1715 Beacon St.	45230	232-4762	Mt. Washington
17 North Avondale	617 Clinton Springs Ave.	45229	961-1584	North Avondale
18 Oakley	3882 Paxton Ave.	45209	321-9320	Oakley
19 Over the Rhine	1715 Republic St.	45210	381-1893	Over the Rhine
20 Pleasant Ridge	5915 Ridge Ave.	45213	731-7894	Pleasant Ridge
21 Price Hill	959 Hawthorne Ave.	45205	251-4123	Price Hill
22 Saylor Park	6720 Home City Ave.	45223	941-0102	Saylor Park
23 Westwood Town Hall	3017 Harrison Ave.	45211	662-9109	Westwood
24 Winton Hills	5170 Winneste Ave.	45232	641-0422	Winton Hills

Cincinnati Recreation Commission

SWIMMING POOL RULES AND REGULATIONS

The Cincinnati Recreation Commission has the responsibility to provide a clean, pleasant, and safe environment for public swimming. Rules and regulations have been developed with that responsibility in mind. Situations may occur that require immediate corrective action. Lifeguards are expected to exercise their best judgment in those situations and have full authority to act in order to ensure the safety of all swimmers. To help us, we ask that all pool patrons follow these rules.

The following rules pertain to the swimming pools, bath houses, wading pools, grass areas, entrance ways and pool decks of the Cincinnati Recreation Commission:

Pool memberships (annual or daily user) are required for all patrons entering the facility, including infants and adults who are supervising children.

In situations where the police are called for a patron who is breaking a rule the patron's CRC pool/center membership may be revoked and the patron(s) will be removed from all CRC pools' property for the remainder of the membership period or pool season without a refund. Managers are to notify the pool supervisor and nearby pools and centers.

HEALTH CODE

- Any person suspected of having an infectious or communicable disease or any person with an obvious infectious wound, head lice and bed bugs (CRC has a no nit no bed bug policy) or ringworm shall not be permitted to use the pool. However, these persons may be granted entry upon verification of a written statement from a physician that the condition is not infectious.
Reason: *Keep the chance of spreading infectious disease to a minimum.*
- Any person experiencing diarrhea or vomiting shall not be permitted to use the pool. This is especially important for children in diapers.
Reason: *Diarrhea can contain disease.*
- Please don't swallow pool water.
Reason: *Help educate children and protect yourself against Recreational Water Illnesses.*
- Please wash your hands with soap and water after using the toilet or changing diapers.
Reason: *Keep yourself and others from getting sick.*
- Please take your children on bathroom breaks every 30 to 60 minutes.
Reason: *Reduces the chance fecal contamination and the amount of urine in the pool.*
- Please change diapers in the restroom and not at poolside.
Reason: *Reduces germs on benches and pool area surfaces.*
- Please wash your child thoroughly (especially the rear end) with soap and water before swimming.
Reason: *Reduces the amount of fecal matter in the pool.*
- No person who is observed passing feces, urine or blood into a pool shall be permitted to use the pool until the condition is controlled.
Reason: *Body fluids may contain infectious pathogens and contaminate the water.*
- Patrons are asked to shower before entering the water.
Reason: *To reduce sweat, other body fluids and lotions in pool which affect the water chemistry.*

GENERAL FACILITY RULES

- Criminal trespass charges will be filed on individuals refusing to comply when asked to leave the pool area and CRC property.
- **Children's safety and their behavior are the responsibility of parents not the lifeguards.**
Reason: Lifeguards are not babysitters. Lifeguards are busy watching their zones of coverage.
- Children 17 and under should be registered for membership by a parent or guardian.
Reason: In case of emergency, information on minor children should be available. Parents should know where their children are.
- Children 6 years and younger must be accompanied and actively supervised with touch supervision at all times in groups of three or less by a parent, legal guardian, or adult age 18 or older. Parents with more than three children under age six should make arrangements to have another adult assist with supervision.
Reason: Highest incidences of drowning occur in this age group. Active Adult supervision is mandatory.
- Arrangements by established child care providers can be made in advance to accommodate ratios of one adult to 10 preschool children (age 4 and 5) and one adult to 15 elementary age children (age 6-12). Child care providers must actively supervise children with touch supervision.
Reason: Must be approved by Pool Supervisor or Pool Manager.
- Horseplay, rough or boisterous play, such as running, pushing, dunking or splashing, is not permitted.
Reason: These are hazardous, a patron could be injured.
- Profanity, improper behavior, intoxication and use of illegal substances, drugs and weapons is not allowed.
Reason: It is unlawful to possess weapons, illegal substances and/or alcohol on CRC property.
- Sexual harassment or harassment of any kind towards anyone is not tolerated. Sexual harassment includes inappropriate staring, sexually inappropriate comments, unwelcome touch, gestures and speech. If behavior occurs, patron(s) will be asked by the pool manager to discontinue the behavior. If the harassment continues, patron(s) will be asked to leave the facility and grounds.
Reason: Harassment will not be tolerated.
- Food, drinks, gum, chewing tobacco, and smoking are not permitted inside the pool facility. Food and drinks may be allowed on sites with designated food areas.
Reason: Trash can cause problems with insects, ants and bees. Cigarette butts can burn feet. Gum and candy can be a choking hazard.
- All swimmers should wear proper swimwear. Underwear is not to be worn under swimsuits. Swimsuits with sewn-in floatation are restricted to the wading pool or require one-on-one constant touch supervision by an adult.
Reason: Improper swim attire can be unsafe. Undergarments contain body fluids and detergent residue.
- T-shirts, cut-off shorts, shorts with zippers, baggie shorts that expose the buttocks and thongs are not permitted. In case of severe sunburn, children should be out of the sun, not at the pool. Only specific, UV protective snug fitting, rash guard shirts are permitted in the pool.
Reason: The loose fringe from shorts clog filter basket. Shorts with zippers or metal accessories scrape the slides. Soap in clothing affects water chemistry residual. T-shirts worn for over-exposure to sun do not protect adequately and are a potential safety hazard; they can come up over a person's face.

GENERAL FACILITY RULES (Continued)

- All incontinent swimmers (adults or children) must wear swim diapers/non-biodegradable diapers made for swimming.
Reason: *To help contain body fluids.*
- Only adults supervising children are permitted inside pool areas wearing street clothes, and must remain back near the fence, not up by the pool.
Reason: *Pool area is for those actively participating in pool activities. Patrons are too tempted to push in bystanders.*
- Glass objects, including beverages, are not permitted in pool facility (deck, entry way, office, or restrooms).
Reason: *Glass can cause injury if broken.*
- The City is not responsible for left, lost, or stolen articles.
Reason: *Staff cannot take responsibility for watching patron's valuables left on the deck.*
- Inappropriate display of affection is not permitted. This includes fondling, french kissing, and intercourse.
Reason: *Improper public behavior is not allowed.*
- Patrons are not to socialize with lifeguards or climb on guard chairs.
Reason: *This distracts from lifeguard's primary responsibility of surveillance.*
- Personal-space music (i.e.: phones, i-Pods, MP3 players, headphones) is allowed on deck by patrons only. Each pool site without a speaker system may have one sound system controlled by staff. Music is not to include profanity, sexually explicit or racially offensive language.
Reason: *Some patrons do not like loud music. Guards may not be able to hear someone yell for help.*
- Patrons may be in the office with staff personnel for emergencies only.
Reason: *Office is for CRC business.*
- Phone is for emergency and CRC business use only. No personal calls. This applies to staff and to patrons.
Reason: *Phone must be available at all times for an emergency, incoming as well as outgoing.*
- Cell phones, video cameras and electronic devices are not permitted in restrooms or locker rooms.
Reason: *Restrooms and locker rooms are private areas for changing and showering.*

SWIMMING POOLS

- Absolutely no diving into water of five feet or less in depth.

Reason: *Head or spinal injury could occur.*

- No back dives or flips from the sides of the pool.

Reason: *Chance of injury is great.*

- Ball playing, frisbee and football tossing are not permitted in the pool facility.

Reason: *Patron can be hit by object resulting in injury.*

- During open swim, nerf balls, beach balls, foam logs (noodles) are permitted. Rubber rafts, tubes and other inflatable items are permitted at the discretion of the manager.

Reason: *During crowded conditions floats can interfere with swimmers as well as the lifeguard's line of sight. Clear floats are acceptable.*

- Kickboards are to be used only in lap areas or during lessons.

Reason: *Can cause injury if used improperly.*

- Swimmers using lap lanes must move continuously.

Reason: *To avoid swimmers running into each other.*

- Ladders, handrails and chair lifts are to be used only for entering or exiting the pool. Playing on ladders, handrails and chairlifts is not permitted.

Reason: *High incident of accidents can occur here.*

- Hanging on or swimming under safety lines is not permitted. Hanging on lane lines is not permitted.

Reason: *Can be a false security for non-swimmers.*

- Spouting or spitting of water in pool or on deck is not permitted.

Reason: *Not a healthy practice.*

- U.S. Coast Guard approved life jackets Types I, II, and III are suggested for non-swimmers and are restricted to the shallow end. Absolutely no water wings or personal inflatables allowed in large pool. These items are permissible in the wading pool only.

Reason: *Water wings can deflate or slip off causing a dangerous situation for a non-swimmer.*

- Swim GOGGLES are acceptable. Face masks covering eyes and nose, fins, and snorkel are permitted only during organized swim class, discover scuba program or underwater hockey games.

Reason: *Masks can fill with water, or slip over mouth and nose causing a potentially dangerous situation. Snorkels can flood, causing choking.*

- During rest periods, only those 18 years and older are permitted to swim. Children under 6 years are permitted in the pool at this time when one parent or adult accompanies each child. If there are no adults, this could be teen time, or a water game time, or eliminated altogether at the discretion of the pool manager.

Reason: *Allows younger swimmers a chance to rest and use the bathroom.*

DIVING AREAS

- To be permitted to go off the board, patron must be able to swim to the side of pool without assistance.
Reason: *All diving rules and regulations are for the safety of our patrons.*
- One person on a diving board at a time (including steps of the ladder). The next person should wait on the deck until the person on the board goes off.
- Diving and jumping are permitted in a forward direction from the end of the board only. Make sure area under board is clear.
- Immediately after the dive, leave the water using the nearest ladder.
- Free swimming is not permitted in diving area unless the board(s) are closed and entire area is designated for open swim by the lifeguard with the manager's approval at non-crowded times. During open swim, no diving from the sides of the pool.
- One bounce on the board. This refers to a hurdle step and one bounce, not two.
- Hanging on boards is not permitted.
- Inward dives and sit dives are not permitted.
- Children are not permitted to jump off the board to other patrons or staff.
- Swimming under or between boards is not permitted.

WADING POOLS

- Only children 6 years and younger with parent or adult age 18 and older are permitted. One adult may supervise up to a maximum of three children in the wading pool.
Reason: *Children under 6 have a high incident of water related accidents or injury.*
- Parents and adults must actively supervise their children while in the wading pool area.
Reason: *Lifeguard does not have the ability to adequately watch numerous preschoolers at once. Lifeguards are not babysitters.*
- Prior arrangements by established child care providers can accommodate ratios of one adult actively supervising up to 10 children. This does not apply to zero depth sites.
Reason: *Pool Supervisor or Pool Manager should approve this.*
- Dives from deck are not permitted.
Reason: *In shallow water the possibility for injury is too great.*
- Running is not permitted in the wading pool water or on the deck.
Reason: *Falls and injury can occur on wet surface.*
- Swim diapers are required. Regular disposable diapers absorb water and disintegrate and are not permitted in CRC pools.
Reason: *To help contain body fluids and help keep disease from spreading.*
- Climbing on or over wading and shallow pool dividing walls is not permitted.
Reason: *Falls are likely and depths of water are different.*
- Adults supervising children are not permitted in the wading pool in their street clothes. They may be in the wading pool area, but not in the water.
Reason: *Residual laundry detergents upset the pool water chemistry.*

SLIDES

- Slide riders should meet the minimum height posted at the slide.
Reason: *So users can stand up in the splash-down area to get to the side of the pool.*
- Slide users shall follow directions from the dispatcher.
Reason: *Safety, so one person at a time goes down the slide.*
- One user per slide on the starting platform at the top of each slide at a time.
Reason: *Only one user can ride at a time.*
- Always check to see if splash-down area is clear before entering the slide.
Reason: *For safety reasons so users do not collide.*
- Ride slide feet first, laying down flat at all times.
Reason: *Head first entry into the shallow water can cause injuries.*
- Stopping, changing positions and forming chains are prohibited.
Reason: *For safety reasons, only one user at a time.*
- Only one user sliding down the slide at a time.
Reason: *For safety reasons, so no one collides.*
- Users must exit the landing area, or splash-down area, immediately to the nearest side.
Reason: *For safety reasons, to get out of the way of the next user.*

SPRAYGROUNDS

Safety First:

- Remember, there is no lifeguard on duty!
- In an Emergency call 911
- Children should be actively supervised and accompanied by a responsible adult.
- Children's safety and behavior are the responsibility of parents/caretakers.
- Glass or other hazardous objects are not permitted.
- Do not climb on spray features.
- Be courteous to others - the following are NOT permitted:
 - Smoking/tobacco products, alcohol, food or gum
 - Offensive or inappropriate public behavior
 - Running, climbing or rough play
 - Bikes, skates or skateboards
 - Animals of any kind

Health and Sanitation are important:

- Children who are not toilet trained must wear a swim diaper.
- Do not urinate or change diapers in aquatic spray area.
- Take regular restroom breaks and change children's diapers frequently.
- Wash hands after using restroom or changing diapers.
- Individuals with diarrhea should not use the aquatic area.
- Any person with an infectious wound or communicable disease should not use aquatic area.
- Do not drink aquatic area water - water recirculates.
- To report sprayground problems, please call (513) 352-4000.

Bond Hill Pool

6/3/13 to 8/10/13 Sun

closed

	Mon	Tues	Wed	Thurs	Fri	Sat
10:30	Guard Start 0:30-1:00	Guard Start 0:30-1:00	Guard Start 0:30-1:00	Guard Start 0:30-1:00		
11:00	Center drop-in/ public lessons center drop-in	public lessons 10:30-11:15, 11:15-12:00	public lessons 10:30-11:15, 11:15-12:00	public swim lessons 12:00-1:00	water exercise 01:00-12:00	
11:30						
12:00	swim team practice	swim team practice	swim team practice	swim team practice	swim team practice	
12:30						
1:00	open swim	open swim	open swim	open swim	open swim	open swim
1:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30
2:00						
2:30						
3:00						
3:30						
4:00						
5:00						
5:30						
6:00	open/ family swim	public swim lessons 6:30-7:30	open/ family swim	public swim lessons 6:30-7:30		
6:30	lap swim	open/ family swim	lap swim	open/ family swim		
7:00	5:30-7:30	lap swim	5:30-7:30	lap swim		
7:30		5:30-7:30		5:30-7:30		

Bush Pool

6/3/13 to 8/10/13						Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:30	closed						Guard Start: 0:30-1:00	Guard Start: 0:30-1:00	Guard Start: 0:30-1:00	Guard Start: 0:30-1:00		
11:00							center drop-in/ public lessons	center drop-in/ public lessons	public lessons	public lessons		
11:30							11:15-12:00	11:15-12:00	11:15-12:00	11:15-12:00		
12:00							swim team practice	swim team practice	swim team practice	swim team practice		
12:30							12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00	swim team practice	
1:00							open swim	open swim	open swim	open swim	open swim	open swim
1:30							1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30
2:00												
2:30												
3:00												
3:30												
4:00												
4:30												
5:00												
5:30							open/ family swim	open/ family swim	open/ family swim	open/ family swim		
6:00							lap swim	lap swim	lap swim	lap swim		
6:30							5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30		
7:00												
7:30												

Camp Washington Pool

6/3/13 to 8/10/13 - Sun

closed

	Mon	Tues	Wed	Thurs	Fri	Sat
9:30	DC College Hill swim lessons					
10:00	9:45-10:30	9:45-10:30				
10:30	Guard Start 0:30-1:00	Guard Start 0:30-1:00	Guard Start 0:30-1:00	Guard Start 0:30-1:00		
11:00	10:30-11:15	10:30-11:15	public swim lessons	public swim lessons		
11:30	11:15-12:00	11:15-12:00	11:15-12:00	11:15-12:00		
12:00	swim team practice	swim team practice	swim team practice	swim team practice	swim team practice	
12:30	12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00	
1:00	open swim	open swim	open swim	open swim	open swim	open swim
1:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30
2:00	lunch program at pool 12:30					
2:30						
3:00						
3:30						
4:00						
4:30						
5:00						
5:30	open/ family swim	open/ family swim	open/ family swim	open/ family swim	open/ family swim	
6:00	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30		
6:30						
7:00						
7:30						

Dempsey Pool

6/3/13 to 8/10/13					Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:30						closed					
11:00							Guard Start: 30-1:00	Guard Start: 30-1:00	Guard Start: 30-1:00		
11:30						DC/ public swim lessons 10:30-11:15, 11:15-12:00	DC/ public swim lessons 10:30-11:15, 11:15-12:00	DC/ public swim lessons 10:30-11:15, 11:15-12:00	DC/ public swim lessons 10:30-11:15, 11:15-12:00		
12:00						swim team practice 12:00-1:00	swim team practice 12:00-1:00	swim team practice 12:00-1:00	swim team practice 12:00-1:00		
12:30						swim team practice 12:00-1:00	swim team practice 12:00-1:00	swim team practice 12:00-1:00	swim team practice 12:00-1:00		
1:00						open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30		
1:30						open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30		
2:00						open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30		
2:30						open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30		
3:00						open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30		
3:30						open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30		
4:00						open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30		
4:30						open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30		
5:00						open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30		
5:30						open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30		
6:00						lap swim 5:30-7:30	lap swim 5:30-7:30	lap swim 5:30-7:30	lap swim 5:30-7:30		
6:30						open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30		
7:00						open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30		
7:30						open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30		

Dickman Pool

6/3/13 to 8/17/13							Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:30	<div>open swim 12:00-6:30</div>							DC Saylor Park) swim lessons DC Saylor Park) swim lessons Guard Start Guard Start 10:30-11:15, 11:15-12:00 10:30-11:15, 11:15-12:00 10:30-1:00 10:30-1:00					
11:00								Guard Start 10:30-1:00					
11:30								swim team practice swim team practice swim team practice swim team practice swim team practice					
12:00								12:00-1:00 12:00-1:00 12:00-1:00 12:00-1:00 12:00-1:00					
12:30								open swim open swim open swim open swim open swim					
1:00								1:00-5:30 1:00-5:30 1:00-5:30 1:00-5:30 1:00-5:30					
1:30													
2:00													
2:30													
3:00													
3:30													
4:00													
4:30													
5:00													
5:30													
6:00													
6:30													
7:00													
7:30													

Dunham - Otto Armleder Pool

5/ 25/ 13 to 8/ 18/ 13	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
9: 30		DC swim lessons 9: 45-10: 30, 10: 30-11: 15	DC swim lessons 9: 45-10: 30, 10: 30-11: 15	public swim lessons 10-12: 15		public swim lessons 10-12: 15	
10: 30		11: 15-12: 00, 12: 00-12: 30	11: 15-12: 00, 12: 00-12: 30	water exercise 10: 30-12: 00		water exercise 10: 30-12: 00	
11: 00		TR camp 10: 30-12: 00	TR camp 10: 30-12: 00	TR camp 10: 30-12: 00		TR camp 10: 30-12: 00	
11: 30		Guard Stant: 00-1: 30	Guard Stant: 00-1: 30	Guard Stant: 00-1: 30		Guard Stant: 00-1: 30	
12: 00		DC pre sch 12: 00-1: 30	DC pre sch 12: 00-1: 30	DC pre sch 12: 00-1: 30		DC pre sch 12: 00-1: 30	
12: 30		swim team practice 12: 30-1: 30	swim team practice 12: 30-1: 30	swim team practice 12: 30-1: 30		swim team practice 12: 30-1: 30	
1: 00		open swim 12: 30-8: 00	open swim 12: 30-8: 00	open swim 12: 30-8: 00		open swim 12: 30-8: 00	
1: 30		fitness/ lap swim 12: 30-8: 00	fitness/ lap swim 12: 30-8: 00	fitness/ lap swim 12: 30-8: 00		fitness/ lap swim 12: 30-8: 00	
2: 30		adult swim 2: 15-3: 00	adult swim 2: 15-3: 00	adult swim 2: 15-3: 00		adult swim 2: 15-3: 00	
3: 30		lunch program at pool 2: 00 pm					
4: 00							
4: 30							
5: 00							
5: 30		public swim lessons 5: 30-6: 00, 6: 00-6: 30	public swim lessons 5: 30-6: 00, 6: 00-6: 30	public swim lessons 5: 30-6: 00, 6: 00-6: 30		public swim lessons 5: 30-6: 00, 6: 00-6: 30	
6: 00							
6: 30		water exercise 5: 30-6: 30	water exercise 5: 30-6: 30	water exercise 5: 30-6: 30		water exercise 5: 30-6: 30	
7: 00							
7: 30							
8: 00							

Evanston Pool

6/3/13 to 8/10/13 -- Sun

	Mon	Tues	Wed	Thurs	Fri	Sat
10:30	Guard Stand: 30-1:00	Guard Stand: 30-1:00	Guard Stand: 30-1:00	Guard Stand: 30-1:00		
11:00	center drop-in swim	center drop-in swim	lessons public swim lessons	public swim lessons	water exercise	
11:30	11:15-12:00	11:15-12:00	11:15-12:00	11:15-12:00	11:00-12:00	
12:00	swim team practice	swim team practice	swim team practice	swim team practice	swim team practice	
12:30	12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00	
1:00	open swim	open swim	open swim	open swim	open swim	open swim
1:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30
2:00						
2:30						
3:00						
3:30						
4:00						
4:30						
5:00	open/ family swim	open/ family swim	open/ family swim	open/ family swim		
5:30	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30		
6:00	water exercise	public swim lessons	water exercise	public swim lessons		
6:30	6:00-7:00	6:00-6:45	6:00-7:00	6:00-6:45		
7:00						
7:30						

Lunch program at pool 1:00

Fairview Pool

6/3/13 to 6/10/13	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
12:00							
12:30							
1:00							
1:30							
2:00		public swim lessons-2:00-2:30	DC(Clifton) swim lessons 12:15-1:00 1:00-1:45 1:45-2:30				
2:30		open swim	open swim	public swim lessons-2:30	open swim	public swim lessons-2:30	
3:00	open swim 1:00-7:00	2:30-7:30	2:30-7:30	open swim 2:30-7:30	2:30-7:30	open swim 2:30-5:30	open swim 1:00-7:00
3:30							
4:00							
4:30							
5:00							
5:30			public swim lessons 5:30-6:15				
6:00							
6:30							
7:00							
7:30							

Filson Pool

6/3/13 to 8/10/13	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:00	closed	10:00-11:00	10:00-11:00	10:00-11:00	10:30-1:00		
10:30		11:00-12:00	11:00-12:00	10:30-1:00	10:30-1:00		
11:00		12:00-1:00	12:00-1:00	11:00-12:00	11:00-12:00		
11:30		1:00-2:00	1:00-2:00	12:00-1:00	12:00-1:00		
12:00		2:00-3:00	2:00-3:00	1:00-2:00	1:00-2:00		
12:30		3:00-4:00	3:00-4:00	2:00-3:00	2:00-3:00		
1:00		4:00-5:00	4:00-5:00	3:00-4:00	3:00-4:00		
1:30		5:00-6:00	5:00-6:00	4:00-5:00	4:00-5:00		
2:00		6:00-7:00	6:00-7:00	5:00-6:00	5:00-6:00		
2:30		7:00-8:00	7:00-8:00	6:00-7:00	6:00-7:00		
3:00		8:00-9:00	8:00-9:00	7:00-8:00	7:00-8:00		
3:30		9:00-10:00	9:00-10:00	8:00-9:00	8:00-9:00		
4:00		10:00-11:00	10:00-11:00	9:00-10:00	9:00-10:00		
4:30		11:00-12:00	11:00-12:00	10:00-11:00	10:00-11:00		
5:00		12:00-1:00	12:00-1:00	11:00-12:00	11:00-12:00		
5:30		1:00-2:00	1:00-2:00	12:00-1:00	12:00-1:00		
6:00		2:00-3:00	2:00-3:00	1:00-2:00	1:00-2:00		
6:30		3:00-4:00	3:00-4:00	2:00-3:00	2:00-3:00		
7:00		4:00-5:00	4:00-5:00	3:00-4:00	3:00-4:00		
7:30		5:00-6:00	5:00-6:00	4:00-5:00	4:00-5:00		

Hanna - Otto Armleder Pool

6/3/13 to 8/10/13	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:30	closed	Guard Start 10:30-1:00	Guard Start 10:30-1:00	Guard Start 10:30-1:00	Guard Start 10:30-1:00		
11:00							
11:30							
12:00							
12:30		public & OTR swim lessons 12:15-1:00	public & OTR swim lessons 12:15-1:00	public swim lessons 12:15-1:00	public swim lessons 12:15-1:00		
1:00		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
1:30		lunch program at pool 12:00					
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00			public swim lessons 5:15	public swim lessons 5:15	public swim lessons 5:15		
5:30		open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	open/ family swim 5:30-7:30		
6:00							
6:30							
7:00							
7:30							

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Sat

Hirsch - Otto Armleder Pool

6/3/13 to 8/10/13	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:30	closed						
11:00	closed						
11:30	closed						
12:00	closed						
12:30	closed						
1:00	closed						
1:30	closed						
2:00	closed						
2:30	closed						
3:00	closed						
3:30	closed						
4:00	closed						
4:30	closed						
5:00	closed						
5:30	closed						
6:00	closed						
6:30	closed						
7:00	closed						
7:30	closed						

6/3/13 to 8/10/13	Sun	Mbn	Tues	Wed	Thurs	Fri	Sat
10:30	closed	TR Camp	TR Camp	TR Camp	TR Camp	TR Camp	
11:00		10:30-11:30	10:30-11:30	10:30-11:30	10:30-11:30	10:30-11:30	
11:30		DC swim lessons	DC swim lessons	public swim lessons	public swim lessons		
12:00		11:30-12:15	11:30-12:15	12:15-1:00	12:15-1:00		
12:30		12:15-1:00	12:15-1:00				
1:00		open swim	open swim	open swim	open swim	open swim	open swim
1:30		1:00-7:30	1:00-7:30	1:00-7:30	1:00-7:30	1:00-5:30	1:00-5:30
2:00							
2:30		lunch program at pool	12:30				
3:00							
3:30							
4:00							
4:30							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							

Lincoln Pool

6/3/13 to 8/10/13 Sun

Mon	Tues	Wed	Thurs	Fri	Sat
9: 30 10: 00 10: 30 11: 00 11: 30 12: 00 12: 30 1: 00 1: 30 2: 00 2: 30 3: 00 3: 30 4: 00 4: 30 5: 00 5: 30 6: 00 6: 30 7: 00 7: 30	DQ Clifton lessons 9: 45-10: 30 Guard Staff 10: 30-1: 00 DQ Clifton & Lincoln lessons 10: 30-11: 15, 11: 15-12: 00 swim team practice 12: 00-1: 00 open swim 1: 00-5: 30 lap swim 12: 00-6: 30	Guard Staff 9: 30-1: 00 DQ Lincoln lessons 10: 30-11: 15, 11: 15-12: 00 swim team practice 12: 00-1: 00 open swim 1: 00-5: 30	Guard Staff 10: 30-1: 00 public swim lessons 11: 15-12: 00 swim team practice 12: 00-1: 00 open swim 1: 00-5: 30	open swim 1: 00-5: 30	open swim 1: 00-5: 30
	Lunch program at pool 1: 00pm				
		public swim lessons 5: 30-6: 30 open/ family swim 6: 00-7: 00 lap swim 7: 00-7: 30	open/ family swim 5: 30-7: 30		

closed

10:30	closed	Guard Start 0:30-1:00	Guard Start 0:30-1:00	Guard Start 10:30-1:00
11:00		DC / public swim lessons 10:30-11:15	public swim lessons 11:15-12:00	Guard Start 10:30-1:00
11:30		10:30-11:15	11:15-12:00	10:30-11:15, 11:15-12:00
12:00		swim team practice 12:00-1:00	swim team practice 12:00-1:00	swim team practice 12:00-1:00
12:30		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
1:00		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
1:30		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
2:00		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
2:30		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
3:00		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
3:30		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
4:00		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
4:30		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
5:00		adult kayaking 00:30-8:30	public swim lessons 5:00-5:45	public swim lessons 5:00-5:45
5:30		June 3, 10, 17	5:45-6:30	5:45-6:30
6:00		open/ family swim 6:30-7:30	open/ family swim 6:30-7:30	open/ family swim 6:30-7:30
6:30		open/ family swim 6:30-7:30	open/ family swim 6:30-7:30	open/ family swim 6:30-7:30
7:00		June 24, July 1, 8, 15, 22, 29, Aug 5	6:30-7:30	water exercise 6:30-7:30
7:30		5:30-7:30	5:30-7:30	5:30-7:30
8:00				
8:30				

McKie Pool

6/3/13 to 8/10/13		Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10: 30	<div>open swim lap swim 12:00-6:30</div>	Guard Start: 30-1:00 Guard Start: 30-1:00 Guard Start: 30-1:00 Guard Start: 30-1:00 Guard Start: 30-1:00 Guard Start: 30-1:00 Guard Start: 30-1:00						
11: 00		DQ (McKie) swim lessons DQ (McKie) swim lessons public swim lessons public swim lessons public swim lessons public swim lessons public swim lessons						
11: 30		10:30-11:15, 11:15-12:00 10:30-11:15, 11:15-12:00 10:30-11:15, 11:15-12:00 10:30-11:15, 11:15-12:00 10:30-11:15, 11:15-12:00 10:30-11:15, 11:15-12:00 10:30-11:15, 11:15-12:00						
12: 00		swim team practice swim team practice swim team practice swim team practice swim team practice swim team practice swim team practice						
12: 30		12:00-1:00 12:00-1:00 12:00-1:00 12:00-1:00 12:00-1:00 12:00-1:00 12:00-1:00						
1: 00		open swim open swim open swim open swim open swim open swim open swim						
1: 30		1:00-5:30 1:00-5:30 1:00-5:30 1:00-5:30 1:00-5:30 1:00-5:30 1:00-5:30						
2: 00								
2: 30		Lunch program 1:00						
3: 00								
4: 00								
4: 30								
5: 00								
5: 30	<div>open/ family swim lap swim 5:30-7:30</div>	open/ family swim open/ family swim open/ family swim open/ family swim open/ family swim open/ family swim open/ family swim						
6: 00		public swim lessons public swim lessons public swim lessons public swim lessons public swim lessons public swim lessons public swim lessons						
6: 30		5:45-6:30 5:45-6:30 5:45-6:30 5:45-6:30 5:45-6:30 5:45-6:30 5:45-6:30						
7: 00								
7: 30								

6/3/13 to 8/10/13 Su
10:30 closed

Mt. Adams Pool

6/3/13 to 8/10/13 -- Sun						
	Mon	Tues	Wed	Thurs	Fri	Sat
12:00						Parent & Child Lessd 12:00-1:00
12:30						
1:00						
1:30						
2:00		public swim lessons 1:30-2:30	public swim lessons 1:30-2:30	public swim lessons 1:30-2:30		
2:30						
3:00	open swim 1:00-7:00	open swim 2:30-7:30	open swim 2:30-7:30	open swim 2:30-7:30	open swim 2:30-7:30	open swim 1:00-7:00
3:30						
4:00						
4:30						
5:00						
5:30						
6:00	public swim lessons 5:45-6:30	public swim lessons 5:45-6:30	public swim lessons 5:45-6:30	public swim lessons 5:45-6:30		
6:30						
7:00						
7:30						

Mt. Auburn Pool - Summer Only

6/3/13 to 8/10/13		Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:00		closed						
10:30				Rental HODDS 10:30-11:30			Rental HODDS 10:30-11:30	
11:00				Public Swim Lessons 11:45-12:30 12:30-1:15 1:15-2:00 2:00-2:45 (5 weeks)		Public Swim Lessons 11:45-12:30 12:30-1:15 1:15-2:00 2:00-2:45 (5 Weeks)		Adapted Aquatics 10:00-12:55
12:00								
12:30								
1:00								
1:30								
2:00								
2:30								
3:00				Arthritis Exercise 3:00-4:00				
3:30								
4:00								
4:30								
5:00				Adapted Aquatics 4:30-6:40	Adapted Aquatics 4:30-6:40			
5:30				Arthritis Exercise 5:30-6:30	Arthritis Exercise 4:30-5:30			
6:00								
6:30								
7:00				TR Sharks Swim Team 7:00-8:30	TR Sharks Swim Team 7:00-8:30			
7:30								
8:00								
8:30								

Mt. Auburn Pool - Year-Round

Winter/ Spring/ Jan 3 - May 25	Fall	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
9:00	American Red Cross Lifeguard Training 9:00-5:00			Water Exercise 9:00-10:00		Water Exercise 9:00-10:00		Parent & Child/ Pres Adapted Aquatics 10:00-12:55
9:30						Adult & Sr. Swim Lesson 10:00-11:00		
10:00				Rental HOODS 10:30-11:30			Rental HOODS 10:30-11:30	
10:30								
11:00								
11:30								
12:00								
12:30								
1:00							Arthritis Exercise 1:00-2:00	
1:30								
2:00								
2:30								Disability Water Safety Month 1:45-3:15
3:00				Arthritis Exercise 3:00-4:00				
3:30								
4:00								
4:30								
5:00				Adapted Aquatics 4:30-6:40	Arthritis Exercise 4:30-5:30	Adapted Aquatics 4:30-6:40		American Red Cross Lifeguard Training 9:00-5:00
5:30				Arthritis Exercise 5:30-6:30				Beginning Monday March
6:00				Arthritis Exercise 6:30-7:05	Arthritis Exercise 6:30-7:05		American Red Cross Lifeguard Training 5:45-8:45	
6:30				Arthritis Exercise 7:10-7:45	Arthritis Exercise 7:10-7:45			
7:00				Arthritis Exercise 7:45-8:45	Arthritis Exercise 7:45-8:45			
7:30				Arthritis Exercise 8:45-9:00	Arthritis Exercise 8:45-9:00			
8:00				Arthritis Exercise 9:00-9:15	Arthritis Exercise 9:00-9:15			
8:30				Arthritis Exercise 9:15-9:30	Arthritis Exercise 9:15-9:30			
9:00				Arthritis Exercise 9:30-9:45	Arthritis Exercise 9:30-9:45			

6/3/13 to 8/17/13	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
9:00		DC (M Wash.) swim lessons	DC (M Wash.) swim lessons				
9:30		9:00-9:45, 9:45-10:30	Water exercise (deep water)				
10:00		10:30-11:15, 11:15-12:00					
10:30		Guard Station 30-1:00	Guard Station 30-1:00	public swim lessons 30-1:00	public swim lessons 30-1:00		
11:00				public swim lessons 30-1:00	Guard Station 30-1:00		
11:30				public swim lessons 12:00-1:00	public swim lessons 12:00-1:00		
12:00		swim team practice	swim team practice	swim team practice	swim team practice	swim team practice	Parent & Child Swim Lessons 12:00-1:00
12:30		12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00	
1:00	open swim	open swim	open swim	open swim	open swim	open swim	open swim
1:30	lap swim	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	
2:00		lunch program at pool	12:30				
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30							
6:00		public swim lessons 6:30	public swim lessons 6:30	public swim lessons 6:15	public swim lessons 6:15		
6:30		water exercise 6:30-6:30	open/ family swim	water exercise 6:30-6:30	open/ family swim		
7:00		open/ family swim lap swim	open/ family swim	open/ family swim lap swim	open/ family swim		
7:30		6:15-7:30	6:15-7:30	6:15-7:30	6:15-7:30		

Oakley Pool

6/3/13 to 8/10/13				Sun	Mon	Tues	Wed	Thurs	Fri	Sat
closed					DO(Oakley) swim lessons 9:45-10:30 10:30-11:15 11:15-12:00 Guard Start0:30-1:00 swim team practice 12:00-1:00 open swim 1:00-5:30	DO(Oakley) swim lessons 9:45-10:30 10:30-11:15 11:15-12:00 Guard Start0:30-1:00 swim team practice 12:00-1:00 open swim 1:00-5:30	swim lessons 9:45-10:30 10:30-11:15 11:15-12:00 Guard Start0:30-1:00 swim team practice 12:00-1:00 open swim 1:00-5:30	water exercise 15-11:15 public swim lessons 10:30-11:15, 11:15-12:00 Guard Start 10:30-1:00 swim team practice 12:00-1:00 open swim 1:00-5:30	water exercise 10:15-11:15 public swim lessons 10:30-11:15, 11:15-12:00 swim team practice 12:00-1:00 open swim 1:00-5:30	
9:30					open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30	open/ family swim lap swim 5:30-7:30
10:00										
10:30										
11:00										
11:30										
12:00										
12:30										
1:00										
1:30										
2:00										
2:30										
3:00										
3:30										
4:00										
4:30										
5:00										
5:30	open/ family swim				public swim lessons 5:30-6:15	open/ family swim lap swim 5:30-7:30	public swim lessons 5:30-6:15			
6:00	lap swim									
6:30	5:30-7:30									
7:00										
7:30										

Pleasant Ridge Pool

5/25/13 to 8/17/13	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
8:30	open swim lap swim 12:00-6:30	water exercise 8:30-9:30	swim team practice 8:30-9:45	water exercise 8:30-9:30	swim team practice 8:30-9:45	water exercise 8:30-9:30	
9:00							
9:30							
10:00			DC(P Ridge) swim lessons 9:45-10:30	swim lessons 9:45-10:30	public swim lessons 9:45-10:30		
10:30			Guard Staff 10:30-1:00	Guard Staff 10:30-1:00	Guard Staff 10:30-1:00		
11:00							
11:30			10:30-11:15 11:15-12:00	10:30-11:15 11:15-12:00	10:30-11:15 11:15-12:00		
12:00							
12:30			swim team practice 12:00-1:00	swim team practice 12:00-1:00	swim team practice 12:00-1:00	swim team practice 12:00-1:00	
1:00			open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30
2:00			lunch program at pool 12:45				
2:30							
3:00							
3:30							
4:00							
4:30							
5:00			open / family swim / open / family swim /	open / family swim /	open / family swim /		
5:30			lap swim	lap swim	lap swim		
6:00			5:30-7:30	5:30-7:30	5:30-7:30		
6:30				closed at 5:30 - home swim			
7:00				meet s Weds. 6/12-7/24			
7:30							

Ryan Pool

6/3/13 to 8/17/13	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:30		DC(WTH) swim lessons	DC(WTH) swim lessons	public swim lessons	public swim lessons		
11:00		10:30-11:15, 11:15-12:00	10:30-11:15, 11:15-12:00	10:30-11:15, 11:15-12:00	10:30-11:15, 11:15-12:00		
11:30		Guard Start 0:30-1:00	Guard Start 0:30-1:00	Guard Start 0:30-1:00	Guard Start 0:30-1:00		
12:00		swim team practice	swim team practice	swim team practice	swim team practice		
12:30		12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00		
1:00	open swim	open swim	open swim	open swim	open swim	open swim	open swim
1:30	lap swim	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30	1:00-5:30
2:00	12:00-6:30	lunch program at pool 1:30					
2:30							
3:00							
3:30							
4:00			open/ family swim		open/ family swim		
4:30			lap swim		lap swim		
5:00			5:30-7:30		5:30-7:30		
5:30		open/ family swim	public swim lessons	open/ family swim	public swim lessons		
6:00		lap swim	5:45-6:30	lap swim	5:45-6:30		
6:30		5:30-7:30	5:30-7:30				
7:00							
7:30							

Winton Hills Pool

6/3/13 to 8/10/13	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10:30		Guard Start: 30-1:00	Guard Start: 30-1:00	Guard Start: 30-1:00	Guard Start: 30-1:00		
11:00		DC drop-in/ public swim lessons 10:30-11:15, 11:15-12:00	DC drop-in/ public swim lessons 10:30-11:15, 11:15-12:00	public swim lessons 11:15-12:00	public swim lessons 11:15-12:00		
11:30							
12:00		swim team practice 12:00-1:00	swim team practice 12:00-1:00	swim team practice 12:00-1:00	swim team practice 12:00-1:00		
12:30							
1:00		open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30	open swim 1:00-5:30		open swim 1:00-5:30
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30		open/ family swim 5:30-7:30	public swim lessons 5:00-5:45 open/ family swim 5:30-7:30	open/ family swim 5:30-7:30	public swim lessons 5:00-5:45 open/ family swim 5:30-7:30		
6:00							
6:30							
7:00							
7:30							

closed

lunch program at center 1:00

Ziegler Pool

6/3/13 to 8/10/13

Sun

10: 30

closed

11: 00

11: 30

12: 00

12: 30

1: 00

1: 30

2: 00

2: 30

3: 00

3: 30

4: 00

4: 30

5: 00

5: 30

6: 00

6: 30

7: 00

7: 30

Mon

Tues

Wed

Thurs

Fri

Sat

Guard	Start0: 30-1: 00	Guard	Start0: 30-1: 00	Guard	Start0: 30-1: 00	Guard	Start0: 30-1: 00
public swim lessons	11: 15-12: 00	public swim lessons	11: 15-12: 00	public swim lessons	11: 15-12: 00	public swim lessons	11: 15-12: 00
swim team practice	12: 00-1: 00	swim team practice	12: 00-1: 00	swim team practice	12: 00-1: 00	swim team practice	12: 00-1: 00
open swim	1: 00-5: 30	open swim	1: 00-5: 30	open swim	1: 00-5: 30	open swim	1: 00-5: 30
lunch program 2: 15							
open/ family swim	5: 30-7: 30	Public Swim Lessons	5: 45-6: 30	open/ family swim	5: 30-7: 30	Public Swim Lessons	5: 45-6: 30
lap swim	5: 30-7: 30	lap swim	5: 30-7: 30	lap swim	5: 30-7: 30	lap swim	5: 30-7: 30

open swim	1: 00-5: 30
open swim	1: 00-5: 30
open swim	1: 00-5: 30

Notes



Summer Day Camp

**Field Trips · Swimming · Cooking
Arts and Crafts · Games Sports... & More!**

Specialty Camps & Programs

RiverTrek · SCUBA · Adventure Camps

Sport Camps · Teen Camps

Kayak Camps & Programs... & More!

Before & After School Day Camps

Mornings can be hectic, and CRC can help. CAMP CRC offers before-school care for your children (ages 6 to 12 and 5-year-olds enrolled in all-day kindergarten) beginning at 7 a.m. at some centers.

Or, when you need a safe place for your child to stay after their school day is over -- but your day isn't -- CAMP CRC offers after-school care.

Dates of operation for both before- and after-school camps coincide with the Cincinnati Public Schools calendar. **Please call your local recreation center for detailed information.**



**Find out more about Camp CRC:
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Cincinnati Recreation Commission

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